



## World Haemophilia Day

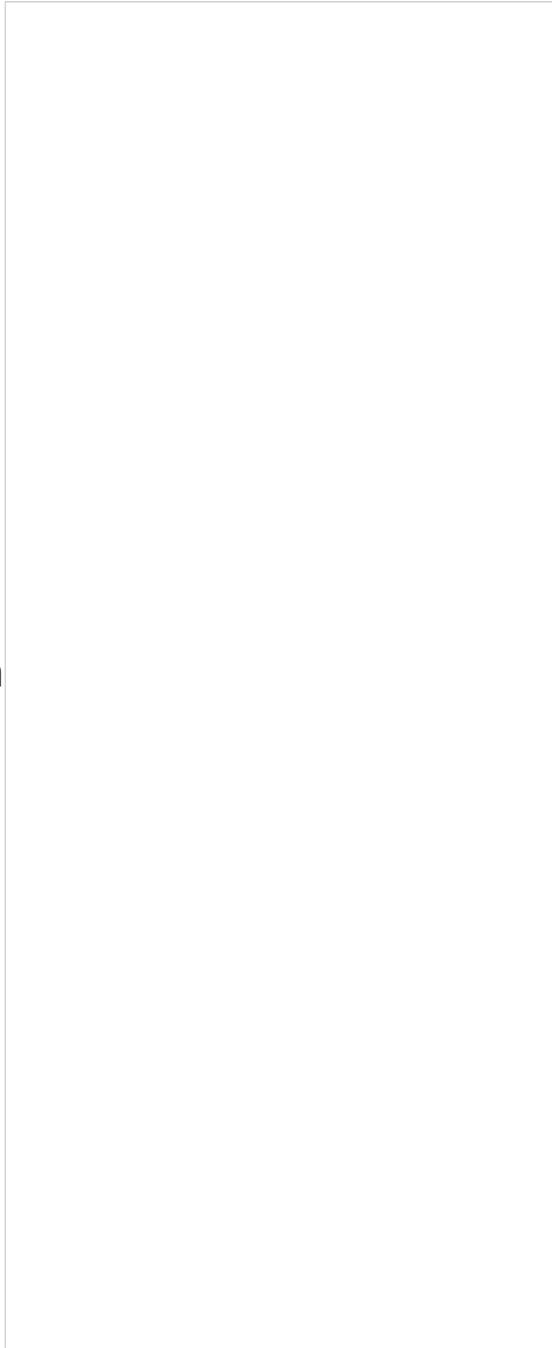
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Haemophilia day is **celebrated on April 17 every year**, the day aims to **increase awareness about haemophilia** and other inherited bleeding disorders.

- The day is celebrated **in the honor of Frank Schnabel, founder of the World Federation of Haemophilia (WHF)**.
- This year, the **theme** of World Haemophilia Day is **Outreach & Identification—“The first step to care”**.
- **Since 1989**, World Haemophilia Day is the day on which the whole bleeding disorders community comes together to celebrate the continuous advances in treatment while raising awareness and bringing understanding and attention to the issues related to proper care to the wider public.

## Haemophilia



- It is a **medical condition, mostly inherited**, in which the **ability of blood to clot is severely reduced** so that even a minor injury can cause severe bleeding.
- People with Haemophilia **do not have enough clotting factor** - a protein in blood that controls bleeding.
- It is quite rare. About 1 in 10,000 people are born with it.
- **Major Types of Haemophilia**The most common type of Haemophilia is called **Haemophilia A**. This means the person does not have enough **clotting factor VIII** (factor eight).
  - Haemophilia B is less common. A person with **Haemophilia B** does not have enough **factor IX** (factor nine).
- **Men are more vulnerable to haemophilia than women.**

- **Symptoms**
  - Big bruises.
  - Bleeding into muscles and joints.
  - Spontaneous bleeding (sudden bleeding inside the body for no clear reason).
  - Prolonged bleeding after getting a cut, removing a tooth, or having surgery.
- Haemophilia is diagnosed **by taking a blood sample and measuring the level of factor activity in the blood.**
- **Treatment**
  - The main treatment for Haemophilia is **Replacement Therapy.**
  - **Concentrates of clotting factor VIII (for Haemophilia A) or clotting factor IX (for Haemophilia B) are slowly dripped or injected into a vein.** These infusions help replace the clotting factor that is missing or low.
- **Stats**
  - According to the World Federation of Haemophilia's Annual Global Survey 2017, there were **over 1.96 lakh persons living with Haemophilia across the world in 2017.**
  - In the country-wise data, **India emerges with the highest count at nearly 19,000.** Experts believe that **80% of cases go unregistered** in India due to the absence of proper diagnostic facilities in the remote areas, so the **actual count is close to 2 lakh.**

### **World Federation of Haemophilia(WFH)**

- It is an **international not-for-profit organization** that was established in **1963.**
- It is a global network of patient organizations in 140 countries and has **official recognition from the World Health Organization.**
- Its mission is to improve and sustain care for people with inherited bleeding disorders around the world.