



drishhti

60 Steps To Prelims 2019

Week	Day/Date	Topics Covered
Week 1 (Polity + Environment & Ecology + Important Government Schemes + Current Affairs)	Day 1 (20 th March, 2019)	<ul style="list-style-type: none"> ✓ Historical Background: Indian Constitution ✓ Making of the Constitution ✓ Basic Structure of the Constitution ✓ Salient Features of the Constitution ✓ Current Affairs: June, 2018
	Day 2 (21 st March, 2019)	<ul style="list-style-type: none"> ✓ Preamble ✓ Territory of the Union ✓ Citizenship ✓ Current Affairs: June, 2018
	Day 3 (22 nd March, 2019)	<ul style="list-style-type: none"> ✓ Concepts: Ecology and Ecosystem, Functions of an Ecosystem, Natural Resource Conservation. ✓ Territorial and aquatic ecosystem, Marine organisms, Ecological succession. ✓ Biodiversity: Basic concepts, Plant and animal diversity, Threat to biodiversity. ✓ Current Affairs: June, 2018
	Day 4 (23 rd March, 2019)	<ul style="list-style-type: none"> ✓ Protected area network: National Park, Wildlife sanctuaries, Biosphere reserves, Reserve and protected forests, Conservation and community reserves, Village and panchayat forests, Private protected areas and conservation areas. ✓ India & World biodiversity and conservation efforts, Bioprospecting, Biosafety, Biopiracy ✓ Sustainable development, Environmental monitoring and Impact assessment ✓ Current Affairs: June, 2018
Day 5 (24th March, 2019) Revision		
Week 2 (Polity + Ancient Indian History + Important Government Schemes + Current Affairs)	Day 6 (25 th March, 2019)	<ul style="list-style-type: none"> ✓ Fundamental Rights ✓ Directive Principles of State Policy ✓ Fundamental Duties ✓ Current Affairs: July, 2018
	Day 7 (26 th March, 2019)	<ul style="list-style-type: none"> ✓ President ✓ Vice President ✓ Governor ✓ Emergency Provisions ✓ Current Affairs: July, 2018
	Day 8 (27 th March, 2019)	<ul style="list-style-type: none"> ✓ Prehistoric period (Stone Age, Chalcolithic Age, Iron Age) ✓ Harappan and Indus Valley Civilization. ✓ Vedic age (Rigvedic to Later Vedic Phase: Society, Economy, Political Organization, Religion, Thought) ✓ Source of Vedic History ✓ Mahajanapadas ✓ Current Affairs: August, 2018
	Day 9 (28 th March, 2019)	<ul style="list-style-type: none"> ✓ Pre-Mauryan Age (Haryanaka, Shishunaga, Nanda Dynasty etc.) ✓ Persian and Macedonian Invasions, Influence on Art and Culture (Eg. Gandhara School of Art, Greco-Buddhist Culture) ✓ Mauryan Age & Post Mauryan Age, Sangam Age. ✓ Central Asian Invasions (Indo-Greek, Indo-Scythian, Parthians and Kushanas) ✓ Current Affairs: August, 2018
Day 10 (29 th March, 2019)	<ul style="list-style-type: none"> ✓ Parliamentary System ✓ Nature of Federal System ✓ Centre-State and Inter-State relations ✓ Amendment of the Constitution ✓ Parliament Part-1 ✓ Current Affairs: August, 2018 	

	Day 11 (30 th March, 2019)	<ul style="list-style-type: none"> ✓ Parliament Part -2 ✓ Parliamentary Committees ✓ Cabinet Committees ✓ State Legislature ✓ Current Affairs: September, 2018
Day 12 (31st March, 2019) Revision		
<p style="text-align: center;">Week 3</p> <p><i>(Polity + Environment & Ecology + History (Ancient, Medieval) + Important Government Schemes + Current Affairs)</i></p>	Day 13 (1 st April, 2019)	<ul style="list-style-type: none"> ✓ Prime-Minister ✓ Central Council of Ministers ✓ Chief Minister ✓ State Council of Ministers ✓ Current Affairs: September, 2018
	Day 14 (2 nd April, 2019)	<ul style="list-style-type: none"> ✓ Environmental acts and policies, Environmental conventions ✓ Red Book, IUCN classification of species, Schedule List WPA 1972 ✓ Man-animal conflict, Project Tiger, Elephant, Vulture, Turtle, Hangul, Ganges Dolphin. ✓ Environmental issues: pollution, types, energy crisis and non-conventional source. Bioremediation, E-waste. ✓ Current Affairs: September, 2018
	Day 15 (3 rd April, 2019)	<ul style="list-style-type: none"> ✓ Supreme Court ✓ High Court ✓ Subordinate Courts ✓ Right to Information ✓ Judicial review & Judicial activism ✓ Current Affairs: October, 2018
	Day 16 (4 th April, 2019)	<ul style="list-style-type: none"> ✓ Guptas Age & Post Guptas Age (Harshvardhana etc.) ✓ States of Southern and Western India (Satvahanas, Pallavas, Chalukyas and Pandyas etc.) ✓ Medieval India: Ruling dynasties in different eras and socio, Political, administrative, economic, religious, cultural developments during their rule. ✓ Early Medieval Period: North Indian Empires (Pala, Pratiharas, Rashtrakutas etc.) and South Indian Empires (Pallavas, Chalukyas, Cholas, Cheras and Pandyas) ✓ Invasions in Medieval Period (Ghazni, Ghori) ✓ Current Affairs: October, 2018
	Day 17 (5 th April, 2019)	<ul style="list-style-type: none"> ✓ Constitutional Bodies ✓ Non-Constitutional Bodies ✓ Co-operative Societies ✓ Current Affairs: October, 2018
	Day 18 (6 th April, 2019)	<ul style="list-style-type: none"> ✓ Union Territories, Scheduled Tribal Areas ✓ Panchayat Institutions ✓ ULBs ✓ Current Affairs: November, 2018
Day 19 (7th April, 2019) Revision		
<p style="text-align: center;">Week 4</p> <p><i>(Medieval India + Environment + Geography + Important Government Schemes + Current Affairs)</i></p>	Day 20 (8 th April, 2019)	<ul style="list-style-type: none"> ✓ The Delhi Sultanate: (Mamluk, Khilji, Tughlaqs, Sayyid and Lodi) ✓ Vijayanagara Kingdom (Bahamani Sultanate) ✓ Cultural and religious movements: Bhakti and Sufi Movement. ✓ Afghans, Rajputs, Surs and struggles for supremacy, Battles of Panipat. ✓ The rise and fall of Deccan States (Ahmednagar, Bijapur, Golconda) ✓ Fall of Mughal Empire and rise of Sikhs, Jats, Afghans, Marathas etc. ✓ Current Affairs: November, 2018
	Day 21 (9 th April, 2019)	<ul style="list-style-type: none"> ✓ Agriculture crop and its classification, Cropping system. ✓ Sustainable Indian agriculture, Integrated farming system, Soil science. ✓ Global Warming, Greenhouse effect ✓ Carbon sequestration, Carbon sink, Carbon credit, Carbon offsetting, Carbon tax. ✓ Geo-engineering, Ocean acidification, Ozone depletion. ✓ Current Affairs: November, 2018
	Day 22 (10 th April, 2019)	<ul style="list-style-type: none"> ✓ GEF, REDD and REDD+ ✓ UNFCCC, Kyoto, Paris, Bali, Copenhagen Cancun and Durban Summit. ✓ National Action Plan on Climate Change, GHG mitigation, Green building, BSE GREENEX, Environmental Impact Assessment. ✓ Intended Nationally Determined Contributions. ✓ Environmental monitoring and impact assessment, laws and policies.

		<ul style="list-style-type: none"> ✓ Wild life Protection Act 1972, Environmental Protection act 1986. ✓ Current Affairs: December, 2018
	Day 23 (11 th April, 2019)	Indian Geography <ul style="list-style-type: none"> ✓ Location, Area and Boundaries. ✓ Structure and Relief: Physiographic Divisions-Northern Mountains, Plains of India, Peninsular Plateau and Islands of India. ✓ Current Affairs: December, 2018
	Day 24 (12 th April, 2019)	<ul style="list-style-type: none"> ✓ Indian Climate (Monsoon): Regional Weather, Climate and Seasons. ✓ Cyclones, Rainfall Pattern, Climatic Regions of India ✓ Current Affairs: December, 2018
	Day 25 (13 th April, 2019)	<ul style="list-style-type: none"> ✓ Architecture: Indus Valley Civilization, Mauryan Architecture, Architecture during Sungas, Kushans, Satavahanas and Guptas. ✓ Temple architecture, Forts and Tombs, Indo- Islamic architecture, Modern architecture ✓ Sculpture: Indian Sculpture and different schools of art. ✓ Indian Paintings ✓ Religion and Philosophy ✓ Current Affairs: December, 2018

Day 26 (14th April, 2019) Revision

<p>Week 5</p> <p><i>(Geography + Indian Art & Culture + Science & Technology + Important Government Schemes + Current Affairs)</i></p>	Day 27 (15 th April, 2019)	<ul style="list-style-type: none"> ✓ Plant and Animal Life, Natural Vegetation regional variation. ✓ Forests and their Distribution, Forest conservation. ✓ Trade and Communication: Roadways, Railways and airways, Ports, Waterways, Pipelines and foreign trade. ✓ Current Affairs: January, 2019
	Day 28 (16 th April, 2019)	<ul style="list-style-type: none"> ✓ Indian Music: Classical Music (Hindustani Music, Carnatic Music), Folk Music Tradition ✓ Indian Dance: Classical Dance forms in India, Folk Dances ✓ Puppetry: Various forms (string, rod, glove) ✓ Famous Personalities and their contributions in Ancient and Medieval India. ✓ Medieval India and Modern Languages and Literature. ✓ Current Affairs: January, 2019
	Day 29 (17 th April, 2019)	<ul style="list-style-type: none"> ✓ Industry: Location Factors, classification and Distribution of Major industries. ✓ Indian Industries: Types, Location factors. ✓ Soil types, regional variation and conservation. ✓ Natural Hazards and Disasters. ✓ Current Affairs: January, 2019
	Day 30 (18 th April, 2019)	<ul style="list-style-type: none"> ✓ Indian Drainage System: Himalayan and Peninsular Drainage System. ✓ Spatial Distribution of temperature, pressure winds and rainfall. ✓ Population & Settlement: Distribution and Density, Races and tribes, Demographic attributes, Migration and settlement, cultural factors. ✓ Current Affairs: January, 2019
	Day 31 (19 th April, 2019)	<ul style="list-style-type: none"> ✓ Science and Technology development In India. ✓ Defense Technology. ✓ Space Technology. ✓ Current Affairs: February, 2019
	Day 32 (20 th April, 2019)	<ul style="list-style-type: none"> ✓ Superconductivity, Artificial Intelligence, Genetic engineering ✓ Communication, Computer and Information Technology. ✓ Energy and Nuclear Technology. ✓ Current Affairs: February, 2019

Day 33 (21st April, 2019) Revision

<p>Week 6</p> <p><i>(Environment + Science & Technology + Modern India + Geography + India Year Book + Important Government Schemes + Current Affairs)</i></p>	Day 34 (22 nd April, 2019)	<ul style="list-style-type: none"> ✓ National Forest Policy 1988, Biological Diversity Act 2002, Wetland Rules 2010 ✓ Schedule Tribes and others Forest Dwellers Act 2006, Coastal regulation Zone ✓ National Green Tribunal, The Ozone Depleting substances rules. ✓ International Conventions & Protocols: UNCED, CBD, Ramsar Convention, CITES, IUCN, CMS,- CAWT, ITTO. ✓ Current Affairs: February, 2019
	Day 35 (23 rd April, 2019)	<ul style="list-style-type: none"> ✓ Applied Science and latest Technology with current developments ✓ Life processes, Classification of Living Organisms ✓ Chemistry in everyday life, Agricultural and food chemistry, Bio-medicinal chemistry

		<ul style="list-style-type: none"> ✓ Atomic and nuclear physics ✓ Physics in Everyday life ✓ Current Affairs: March, 2019
	Day 36 (24 th April, 2019)	<ul style="list-style-type: none"> ✓ Wildlife Trade (TRAFFIC), Trafficking (CAWT), Global Tiger Forum. ✓ Basel Convention, Stockholm Convention, Rotterdam Convention ✓ UN Forum on Forests (UNFF), UN Convention to Combat Desertification. ✓ International Whaling Commission, Vienna Convention and Montreal Protocol. ✓ Current Affairs: March, 2019
	Day 37 (25 th April, 2019)	<ul style="list-style-type: none"> ✓ British Advent in India: Administration and Economic policies (1757-1857) ✓ Rising resentment and the revolt of 1857; administrative changes after 1857. ✓ Social & Cultural Awakening in the first half of 19th Century ✓ Current Affairs: March, 2019
	Day 38 (26 th April, 2019)	<ul style="list-style-type: none"> ✓ Focus will be on World Geography-Static portion along with relevant contemporary geographical Issues, Events & Map Work. ✓ Earth and Universe : Interior of Earth ✓ Shape of the continents, continental drift, Volcanoes, Earthquakes. ✓ Earth Movements- Plate tectonics, sea floor spreading. ✓ India Year Book 2019 (1-8 Chapters)
	Day 39 (27 th April, 2019)	<ul style="list-style-type: none"> ✓ Early Nationalism (1857-1906) : Formation of Congress and Moderate Phase ✓ Extremist Phase (1905 to 1919) : Partition of Bengal, Surat Split (1906) ✓ India Year Book 2019 (9-16 Chapters)

Day 40 (28th April, 2019) Revision

<p>Week 7</p> <p><i>(Geography + Modern History + India Year Book + Budget + Economy + Important Government Schemes + Current Affairs)</i></p>	Day 41 (29 th April, 2019)	<ul style="list-style-type: none"> ✓ Landforms, Weathering, Mass wasting and erosion. ✓ World climate, Climatic classification: Koppen ✓ India Year Book 2019 (17-25 Chapters)
	Day 42 (30 th April, 2019)	<ul style="list-style-type: none"> ✓ Phase of Mass Struggle (1919-1942): Gandhian age in national movement (NCM, CDM etc.). ✓ India Year Book 2019 (26-30 Chapters)
	Day 43 (1 st May, 2019)	<ul style="list-style-type: none"> ✓ Ocean, Seas, Salinity, Bottom topography of oceans ✓ Movement of oceans: oceans currents, tides and waves ✓ Hydrological cycle, Temperature distribution & Coral and related phenomenon ✓ Budget 2019
	Day 44 (2 nd May, 2019)	<ul style="list-style-type: none"> ✓ Events from 1942 till India's Independence (INA, RIN mutiny etc.) ✓ Reforms, Acts and committees, Congress sessions, Governor General and viceroys. ✓ Tribal and peasant uprisings, Development of modern education and press, eminent personalities of national movement, Role of women in freedom struggle. ✓ Post independence India: Consolidation of States, Linguistic states. ✓ Major Political, Social and Economic Events, Reforms and Policies after Independence.
	Day 45 (3 rd May, 2019)	<ul style="list-style-type: none"> ✓ Basic Concepts of Economy, Planned and Mixed Economy, Five year Plans, Inclusive Growth. ✓ NITI Aayog, Economic reforms: Since 1991 and LPG. ✓ Concepts: GDP, NDP, GNP, NNP. Taxes and Subsidies.
	Day 46 (4 th May, 2019)	<ul style="list-style-type: none"> ✓ Continental Features: Asia, Africa, North America, South America, Antarctica, Australia and Europe. ✓ Activities: primary, secondary, tertiary, quaternary and Quinary.

Day 47 (5th May, 2019) Revision

<p>Week 8</p> <p><i>(Economy + Important Government Schemes + Current Affairs)</i></p>	Day 48 (6 th May, 2019)	<ul style="list-style-type: none"> ✓ Function of Money, Evolution of Money, Money Supply etc. ✓ Banking: Functions and Types of Banks and NBFC, Banking reforms, NPA, Basel norms. ✓ Central Bank: Concepts of Money, Credit and Monetary Policy (CRR, Repo). ✓ Financial Inclusion: Jan Dhan, Mudra, Gold Monetization and Bonds.
	Day 49 (7 th May, 2019)	<ul style="list-style-type: none"> ✓ Inflation: Definition, types and causes, inflation targeting, controlling inflation scenario. ✓ Types and nature of employment and unemployment. ✓ Government Budgeting and Fiscal Policy. ✓ Budgeting, types its evolution in India and Future Outlook. ✓ Public Finance, Revenue and Expenditure, Fiscal Policy Deficits.

Day 50 (8 th May, 2019)	<ul style="list-style-type: none"> ✓ Money Market: Important terms and concepts, Market instruments (Treasury bill, Commercial Paper, Call money etc.) ✓ Tax Structure: Methods – Progressive, Regressive, Proportional Tax Reforms. ✓ Types of Taxes- Direct, Indirect, VAT, GST, CTT, STT Capital Gains, MAT. ✓ 14th Finance Commission, 15th Finance Commission plans.
Day 51 (9 th May, 2019)	<ul style="list-style-type: none"> ✓ Capital Market: Primary and Secondary markets. ✓ Balance of Payment/Trade, IMF . ✓ Capital and Current Account Convertability. Trade related issues and challenges: IPR, GAAR, TRIPS policies. ✓ Currency types and management, recession: Types and management.
Day 52 (10 th May, 2019)	<ul style="list-style-type: none"> ✓ Industrial Policies, Disinvestment, Roads, Railways, Aviation, Maritime and Energy Scenario. ✓ PPP models, Smart cities, schemes and programs: Make in India, Startup India, UDAY. ✓ Services: Present Situation and Performance, Research and Development. ✓ Trade Agreements: Bilateral, Multilateral, Regional reforms and future outlook.
Day 53 (11 th May, 2019)	<ul style="list-style-type: none"> ✓ Land Reforms and Green Revolution, Animal Husbandry. ✓ Food management, Buffer stock PDS and Subsidies. ✓ Model APMC act, Agriculture marketing and commodity futures market. ✓ Farm Management: Mechanization, fertilizers, seed banks, extension services. ✓ Insurance: Industry and reforms, institutions and agencies, schemes. ✓ IMF, WTO, World Bank, MIGA, ADB, AIIB, BRICS.

Day 54 (12th May, 2019) Revision

<div style="background-color: #c00000; color: white; padding: 2px 5px; display: inline-block;">Week 9</div> <i>(Economy + Geography + Important Government Schemes + Current Affairs)</i>	Day 55 (13 th May, 2019)	<ul style="list-style-type: none"> ✓ SDG, Climate Change, Paris Agreement, Green Finance, Renewable energy, INDC and future Outlook. ✓ Human Development, Gender issues, Poverty: estimates, inclusive growth, demographic Attributes. ✓ Reforms: Educational, Child, Labor health and Social sector schemes. ✓ Demographic Dividend, Universal Basic Income, Bad Loans, Twin Balance Sheets.
	Day 56 (14 th May, 2019)	<ul style="list-style-type: none"> ✓ Atmosphere, Planetary and Local Winds. ✓ Heat Budget & Upper Atmospheric Phenomenon. ✓ Government Schemes.

Day 57 (15th May, 2019) Revision

Day 58 (16th May, 2019) Revision

Day 59 (17th May, 2019) Revision

Day 60 (18th May, 2019) Revision

Recommended Study Material

Subject	NCERT	Reference Books List
Polity	<ul style="list-style-type: none"> ✓ Democratic Politics Part-1 (Class 9th) ✓ Democratic Politics Part-2 (Class 10th) ✓ Political Theory (Class 11th) ✓ Indian Constitution at Work (Class 11th) 	<ul style="list-style-type: none"> ✓ Indian Polity by Laxmikanth ✓ Indian Constitution by Subhash Kashyap
History	<ul style="list-style-type: none"> ✓ 'Ancient India' by RS Sharma ✓ 'Medieval India' by Satish Chandra ✓ 'Modern India' by Bipin Chandra ✓ Class 12th – 'Themes in Indian History' – Part 3 	<ul style="list-style-type: none"> ✓ 'India's Struggle for Independence' by Bipan Chandra ✓ Spectrum 'Brief History of Modern India' by Rajiv Ahir
Geography	<ul style="list-style-type: none"> ✓ NCERT: Class 6th to 10th ✓ Class 12th – Geography India ✓ Class 11th – Indian Physical and Environmental Geography ✓ Class 11th – Fundamentals of Physical Geography 	<ul style="list-style-type: none"> ✓ Certificate Physical and Human Geography by G.C Leong ✓ The Orient Black Swan School Atlas ✓ Geography of India Periyar
Economics	<ul style="list-style-type: none"> ✓ Class 11th – Economics (Indian Economic Development) ✓ Class 12th – Introduction to Macroeconomics (Complete) & Microeconomics (only relevant topics) 	<ul style="list-style-type: none"> ✓ 'Indian Economy Key Concepts' by Shankar Ganesh ✓ The Penguin Dictionary of Economics ✓ Government Website, PIB
Environment & Ecology	<ul style="list-style-type: none"> ✓ Class 12th Biology – Relevant Chapters – 11 to 16 ✓ Class 11th Chemistry (Part II) – Chapter – 14 ✓ ICSE Board Environment Book – Class 9th, 10th 	<ul style="list-style-type: none"> ✓ Textbook of Environmental Studies UGC by Erach Bharucha ✓ Down To Earth, Any Standard Dictionary of Ecology
General Science	<ul style="list-style-type: none"> ✓ Science NCERT of Class 6th, 7th, 8th, 9th, 10th, ✓ NCERT of Class 11th & 12th – Chemistry & Biology 	<ul style="list-style-type: none"> ✓ Drishti Current Affairs Today Magazine Supplement ✓ Down To Earth Magazine + Current Developments (The Hindu + Indian Express Newspapers)
Art & Culture	<ul style="list-style-type: none"> ✓ Themes in Indian History – Part 1 and 2 ✓ Class 11th Fine Arts – An Introduction to Indian Art (Part 1) 	<ul style="list-style-type: none"> ✓ CCRT website ✓ 'Indian Art & Culture' by Nitin Singhanian
Current Affairs		
June 2018 to May 2019	<ul style="list-style-type: none"> ✓ Book: <i>Tarkash</i> (Drishti Current Affairs Annual Compilation) ✓ Drishti Current Affairs Today Magazine, The Hindu, IE, PIB, Govt. Ministries' Websites, etc. ✓ Yojana + Kurukshetra + Down to Earth + Science Reporter 	

* Click on the underlined subjects to download the pdf books for free.