



Dhanvantari Award

Why in News?

Rajasthan's **Nadi Vaidya Tarachand Sharma** has been honoured with **Ayurveda's** highest '**Dhanvantari**' award by the Government of India.

Key Points

- **About the Event:**
 - This award was given by the **Union AYUSH Minister** during the **Dhanvantri Award distribution ceremony** on 20 February 2025 in Mumbai.
 - It is given to those individuals who have made **exceptional contributions in the field of Ayurveda**.
 - He was honoured with a **prize of Rs 5 lakh, a citation, a shawl and a coconut**.
- **About the winner:**
 - Tarachand Sharma is a **resident of Bissau town of Jhunjhunu district**.
 - He has been honored with many awards and titles in the field of Ayurveda.
 - He is a **renowned pulse doctor**.
 - Many books written by Tarachand Sharma are also included in the curriculum of various Ayurveda universities.

Ayurveda

- The word Ayurveda derived from **AYU and VEDA**. AYU means life, VEDA means **science or knowledge**, Ayurveda means the science of life.
- Ayurveda embraces all living things, human and non-human.
- It is divided into three main branches
 - **Nara Ayurveda:** dealing with human life.
 - **Satva Ayurveda:** dealing with animal life and its diseases.
 - **Vriksha Ayurveda:** dealing with plant life, its growth and diseases.
- Ayurveda is **not only a system of medicine** but also a **way of life** for complete positive health and spiritual attainments.