



Tuberculosis Elimination Camp and Healthy Liver Mission

Why in News?

The **Governor of Madhya Pradesh** honoured stakeholders of the **100-day Ni-Kshay Shivr Abhiyan** and launched the **state-wide Healthy Liver Mission** in Bhopal.

Key Points

100-Day Ni-Kshay Shivr Abhiyan

- Under the [National Tuberculosis Elimination Program](#), the state conducted **special health camps to identify TB cases**, ensure timely treatment, and raise public awareness about the disease.
 - The campaign enabled citizens to receive testing and consultations through the joint efforts of the health department, [NGOs](#), public representatives, and civil society.
- Under this campaign, over **5,000 Gram Panchayats have been declared TB-free**.
 - Seoni and Betul districts** have secured the highest number of TB-free Gram Panchayats for three consecutive years.
 - Kanhar (Mandla), Patwa (Balaghat), and Sawarwani (Chhindwara)** have achieved TB-free status.
- The state government is striving for **100% coverage under the initiative**, aiming to **eliminate TB from the state by 2028**.

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Healthy Liver Mission

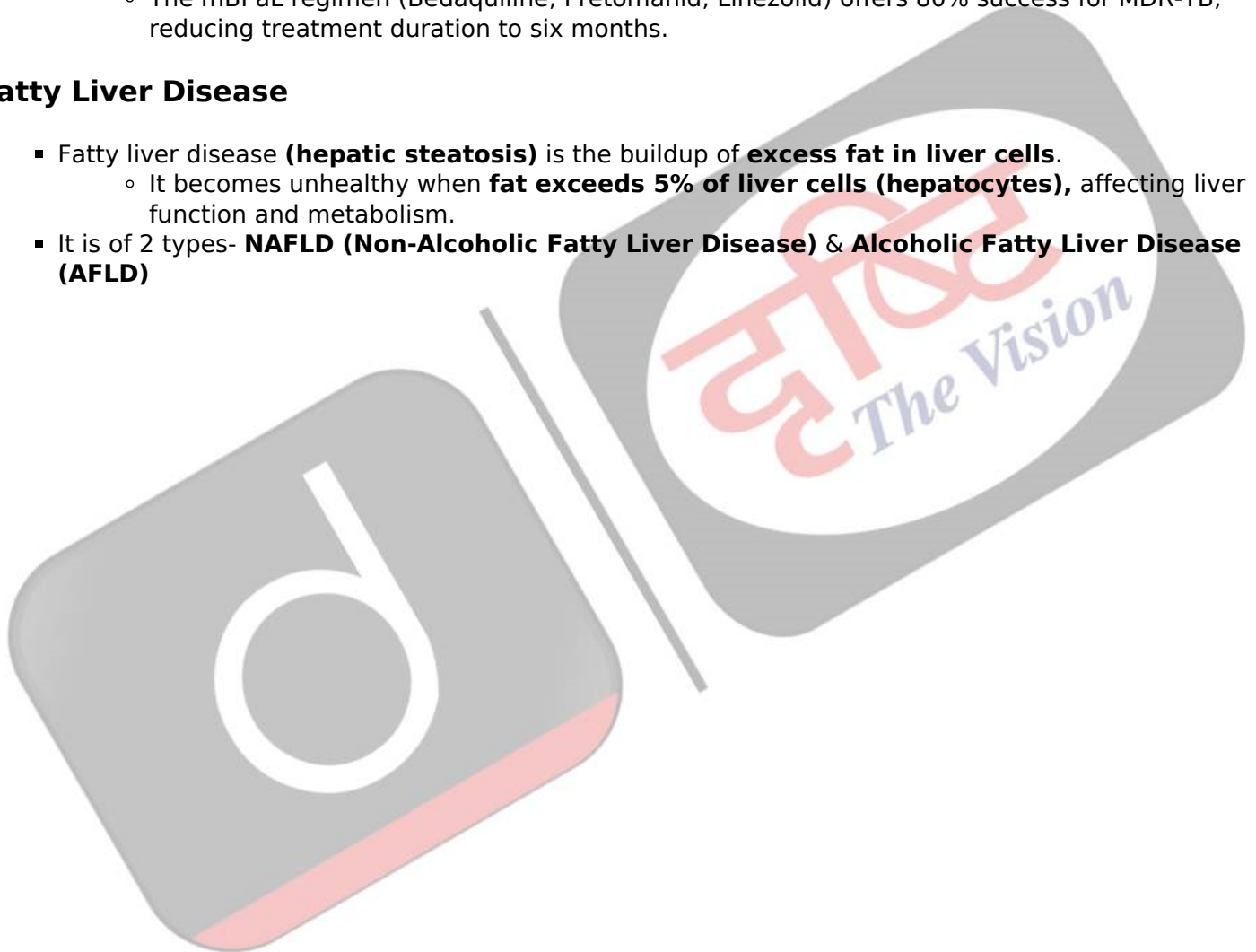
- This initiative is **aimed at combating liver-related diseases**.
 - India leads the world in fatty liver disease prevention, with **Madhya Pradesh** emerging as the **top-performing state** in the country.
- The mission will focus on awareness, early detection, treatment, and prevention of conditions such as [hepatitis B and C](#), [fatty liver](#), and [cirrhosis](#).
- Under this, the health department will conduct screening camps, provide medical training, offer consultations, and **distribute free medicines** statewide.

National TB Elimination Programme (NTEP)

- In 2020, the **Revised National Tuberculosis Control Program (RNTCP)** was renamed the NTEP with the goal to eliminate TB in India by 2025, five years ahead of the **global target of 2030**.
- The program is guided by the **National Strategic Plan (2017-2025)** under the strategic pillars: **Detect - Treat - Prevent - Build (DTPB)**.
- The NTEP focuses on early diagnosis, quality-assured treatment, engaging private providers, contact tracing in high-risk areas, and addressing social determinants through a multi-sectoral approach.
- The programme recorded its **highest-ever case notifications, reporting 25.5 lakh TB cases in 2023 and 26.07 lakh cases in 2024**.
- Under NTEP, India introduced **improved drug-resistant TB treatments, including a safer**, shorter all-oral Bedaquiline regimen, increasing success rates from 68% in 2020 to 75% in 2022.
 - The mBPaL regimen (Bedaquiline, Pretomanid, Linezolid) offers 80% success for MDR-TB, reducing treatment duration to six months.

Fatty Liver Disease

- Fatty liver disease (**hepatic steatosis**) is the buildup of **excess fat in liver cells**.
 - It becomes unhealthy when **fat exceeds 5% of liver cells (hepatocytes)**, affecting liver function and metabolism.
- It is of 2 types- **NAFLD (Non-Alcoholic Fatty Liver Disease) & Alcoholic Fatty Liver Disease (AFLD)**



Tuberculosis

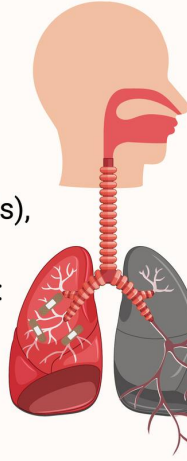


Drishti IAS

Tuberculosis (TB) is an infectious disease that affects the lungs.
Tuberculosis is preventable and curable.

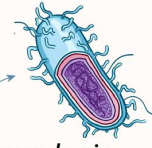
Prevention

- 📞 Seek medical intervention if symptoms persist
- 📞 If at a higher risk (HIV patients), get tested for TB.
- 📞 Practice good cough hygiene:
Wear a mask and avoid contact



Causes:

- *Mycobacterium tuberculosis*
- Coughing droplets
- Prolonged exposure from a patient



Symptoms of TB:

Chest pain
Weakness
Weight loss
Fever
Night sweats
Prolonged cough

Facts

- 1.6 million deaths in 2021 Worldwide
- 13th leading cause of death
- India aims to achieve the UN's TB-related SDGs by 2025, five years ahead of the global target to end the TB epidemic by 2030.

Ni-kshay Programme

- Nikshay Mitra are individuals or groups who adopt one TB patient for their treatment for a period of 6 months
- Provision of free drugs and diagnostics
- Ni-kshay Poshan Yojana for nutritional support to TB patients

#Tuberculosis