

Mucormycosis

Why in News

A number of <u>Covid-19</u> patients are developing a serious fungal infection known as <u>Mucormycosis</u> also called **black fungus**.

Key Points

• Mucormycosis:

- It is a serious but rare fungal infection caused by a group of molds called mucormycetes, which is abundant in the environment.
- It mainly affects people who have health problems or take medicines that lower the body's ability to fight germs and sickness.
- The **types of Mucormycosis** are: Rhinocerebral (Sinus and Brain), Pulmonary (Lung), Gastrointestinal, Cutaneous (Skin), and disseminated Mucormycosis.

Transmission:

- It **occurs through** inhalation, inoculation, or ingestion of spores from the environment.
- Mucormycosis does not spread between people or between people and animals.

Symptoms:

- These include pain and redness around eyes and/or nose, fever, headache, coughing, shortness of breath, bloody vomits, and altered mental status.
- Warning signs can include toothache, loosening of teeth, blurred or double vision with pain.

Prevention:

 Avoiding areas with a lot of dust like construction or excavation sites, avoiding direct contact with water-damaged buildings and flood water after hurricanes and natural disasters and avoiding activities that involve close contact to soil.

Treatment:

- Mucormycosis needs to be treated with prescription antifungal medicine.
- In some cases, it can require surgery.

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