



World Cerebral Palsy Day

Source: PIB

The **National Trust** for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation, and Multiple Disability organised a National Meet to mark **World Cerebral Palsy Day (WCPD)**, focusing on innovation and inclusion for individuals with Cerebral palsy (CP).

- **WCPD (6th October every year)** is a global movement that started in 2012, uniting individuals with **cerebral palsy** from over 100 countries to advocate for equal rights, access, and opportunities in society.
 - The theme for 2024 WCPD is **“Uniquely CP”**, which emphasises that a person’s disability does not define their entire identity.
- CP is a group of disorders that **affect movement, balance, and posture** due to abnormal brain development or damage. It is the most common **motor disability in childhood**, with symptoms varying significantly among individuals.
 - **Causes:** Majority (85-90%) of CP is congenital, occurring before (during brain development) or during birth. Acquired CP is less common and often linked to infections or head injuries after birth.
 - **Treatment:** It is a permanent, non-progressive condition with no cure, but treatments can enhance symptoms, functioning, and quality of life.
- The **National Trust**, a statutory body under the **Ministry of Social Justice and Empowerment**, was established under the "**National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation, and Multiple Disabilities**" Act (1999).
 - Its aim is to create an inclusive society that empowers **Persons with Disabilities** to live independently with dignity and equal rights.

Read more: [Empowering Persons with Disabilities](#)

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