

# **HIV-AIDS Awareness on International Youth Day**

### Why in News?

On International Youth Day (12<sup>th</sup> Aug 2025), the Rajasthan State AIDS Control Society organized a state-level program in Jaipur, launching an intensified Information, Education, and Communication (IEC) campaign to promote HIV-AIDS awareness among youth across the state.

## **International Youth Day (IYD)**

- Established by: UN General Assembly in 1999
  - Initial Proposal: 1991 by young participants at World Youth Forum, Vienna
  - Official Resolution: World Conference of Ministers Responsible for Youth, Lisbon (1998)
- First Celebrated: 12th August 2000
- 2025 Theme: "Local Youth Actions for the SDGs and Beyond"
  - With over 65% of <u>SDG</u> targets linked to local governance, youth engagement is a necessity.
- Objectives:
  - Draw attention to youth issues worldwide
  - Promote youth engagement in sustainable development
  - · Celebrate youth contributions to society.

#### **AIDS**

- AIDS is a chronic, life-threatening condition caused by Human Immunodeficiency Virus (HIV), which attacks the immune system, targeting CD4 cells (white blood cells, vital for the immune system).
  - It spreads through unprotected sex, infected blood, and sharing needles.
  - While there is no cure, antiretroviral therapy (ART) can suppress the virus and help restore CD4 cells.
- The Global AIDS Update 2023 highlights a decline in new infections, aiming to eliminate AIDS by 2030.
  - In India, over 2.5 million people live with HIV, with a 44% reduction in new infections since 2010.

# **National Youth Day**

- India celebrates the <u>National Youth Day</u>, on 12th January every year on the occasion of <u>Swami Vivekananda's</u> birth anniversary.
  - Since 1984, the nation has marked the day by urging the youth to live up to the values, principles and beliefs that Vivekananda embraced.
  - Swami Vivekananda's born on 12th January 1863, Kolkata.
- Swami Vivekananda is considered one of the great Indian monks who enlightened the Western world about Hinduism.
  - As a disciple of <u>Sri Ramakrishna Paramahamsa</u>, he pushed for national integration in colonial India and is credited with reviving Hinduism in the nation.

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