



India Women Won Bronze at Asia U-20 Rugby

Why in News?

The **Asia Rugby Under-20 Sevens Championship 2025** concluded **at the Rajgir Sports Complex** in Bihar, with the **Indian women's team winning the bronze medal** by beating Uzbekistan. **China defeated Hong Kong in the men's final to claim the championship title.**

- The **tournament, held for the first time in Bihar**, showcased exceptional rugby talent from across Asia.

Asia Rugby U-20 Sevens Championship Results

- **Men's Category:**
 - **Hong Kong (Gold)** beat Sri Lanka (Silver)
 - **Malaysia (Bronze)** beat China
- **Women's Category:**
 - **China (Gold)** beat Hong Kong (Silver)
 - **India (Bronze)** beat Uzbekistan
- **India: Bronze medal in women's category**
 - **The Indian team included four players from Bihar** – Gudia Kumari, Anshu Kumari, Alpana Kumari, and Aarti Kumari.

Tournament

- The **official mascot** of the Asia Rugby Under-20 Sevens Championship 2025 was '**Ashoka**', a **rabbit**.
- Featured **192 players** from nine Asian nations, along with 32 coaches/support staff and 50 technical officials.
 - Nations included China, Hong Kong, UAE, Uzbekistan, Kazakhstan, Sri Lanka, Malaysia, Nepal, and host India.
- The championship featured **40 matches** over two days.

Rugby Sevens vs Traditional Rugby

Aspect	Rugby Sevens	Traditional Rugby
Team Size	7 players per team	15 players per team
Game Duration	Two 7-minute halves (14 minutes total)	Two 40-minute halves (80 minutes total)
Gameplay Effect	More open space = faster gameplay	More players = slower-paced gameplay
Tournament Format	Multiple matches per day, 2-3 day tournaments	Single matches, longer competition periods

Asia Rugby

- **Asia Rugby** (formerly Asian Rugby Football Union - ARFU)
- Founded: 1968 by 8 charter nations
- Current Members: 36 member unions across Asia
- Governing Body: Regional Association of World Rugby
 - **Asia Rugby Championship (ARC)**: Established in 1969.

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