

National Cooperative Spice Fair 2025

Why in News?

National Cooperative Spice Fair 2025 was organised by the Rajasthan Cooperative Department and Rajasthan State Cooperative Consumer Federation at Jawahar Kala Kendra, Jaipur.

Key Points

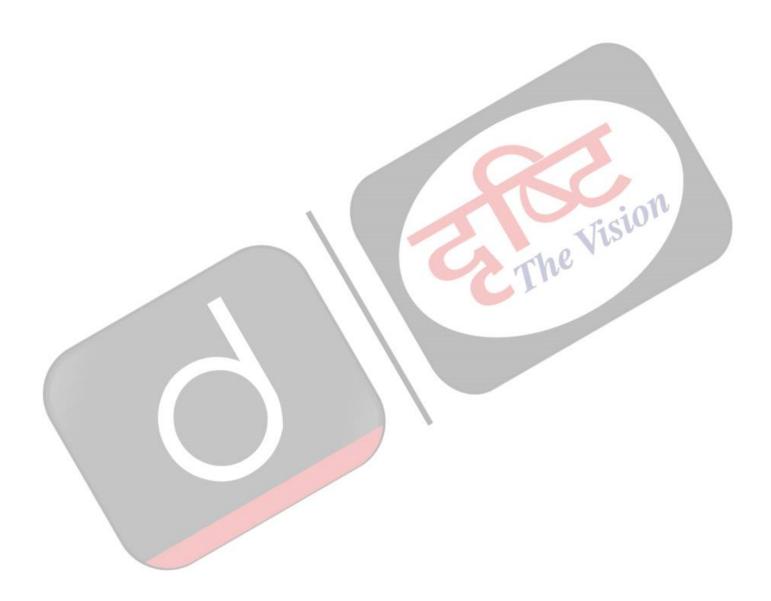
About the Cooperative Spice Fair 2025

- A variety of healthy and traditional spices, millet products and other cooperative products were showcased at the fair.
 - This year, products made from Millet grains (Shree Anna) have become a special centre of attraction at the fair.
- Various <u>self-help groups</u>, cooperative consumer associations and local producers participated in the fair with their diverse product range.
- This fair offers consumers the opportunity to purchase pure, high-quality, and healthy products directly.
- The fair promotes <u>employment</u> and economic empowerment at the local level.



Millets

- About: It is a collective term referring to a number of small-seeded grasses that are cultivated as grain crops, primarily on marginal lands in dry areas in temperate, subtropical and tropical regions.
 - Some of the common millets available in India are Ragi (Finger millet), Jowar (Sorghum), Sama (Little millet), Bajra (Pearl millet), and Variga (Proso millet).
- **Global and Indian Production:** India is the largest producer of millets, followed by Niger and China.
- Millet Promotion: 2023 was recognized as the <u>International Year of Millets</u> by the <u>Food and Agriculture Organization (FAO)</u>.
 - The Indian government promotes millet production under the National Food Security



Millets

About

- Small-grained cereals also known as coarse grains
- Often referred to as 'Superfood'
- Among the first crops to be domesticated - evidence of millet consumption dates back to the Indus Valley Civilisation (3,000 BC)

Climatic Conditions

- Mainly a Kharif crop in India
- · Temperature: 27°C 32°C
- Rainfall: Around 50-100 cm
- Soil Type: Inferior alluvial or loamy soil

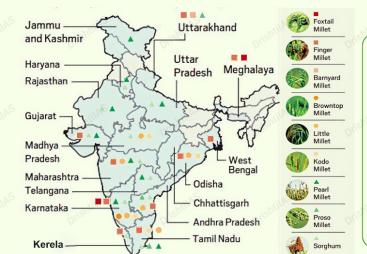


India and Millets

- Global Largest Millet Producer:
 - 20% of global production, 80% of Asia's production
- Common Millets:
 - Ragi (Finger millet), Jowar (Sorghum), Sama (Little millet), Bajra (Pearl millet), and Variga (Proso millet)
 - Indigenous varieties (small millets) Kodo, Kutki, Chenna and Sanwa
- Top Millets Producing States:
 - Rajasthan (largest), Karnataka, Maharashtra, Madhya Pradesh and Uttar Pradesh
- Govt. Initiatives:
 - Initiative for Nutritional Security through Intensive Millet Promotion (INSIMP)
 - · 'India's Wealth, Millets for Health'
 - Millet Startup Innovation Challenge
 - Hiked MSP for Millets
 - Agriculture Ministry declared millets as "Nutri Cereals" in 2018

Significance

- Less expensive, nutritionally superior
- High protein, fibre, minerals, iron, calcium and a low glycemic index
- Help tackle lifestyle problems and health (obesity, diabetes etc.)
- Photo-insensitive, resilient to climate change & water efficient



International Year of Millets -Year 2023

Proposed by India, declared by UNGA







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