

# **Zoonotic Diseases**

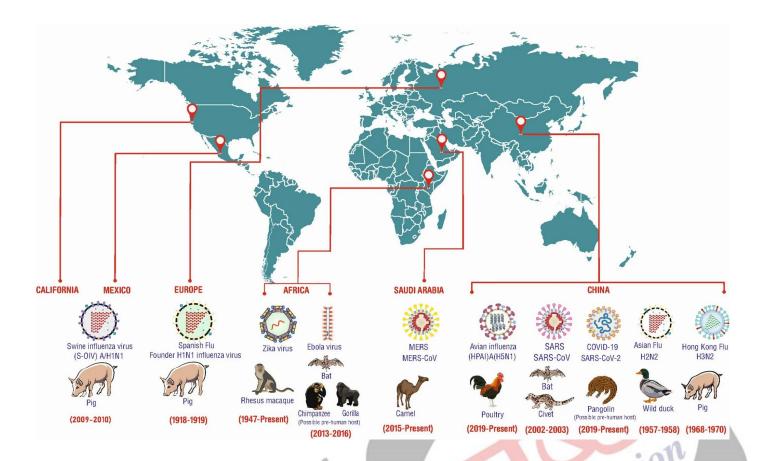
**Source: ET** 

## Why in News?

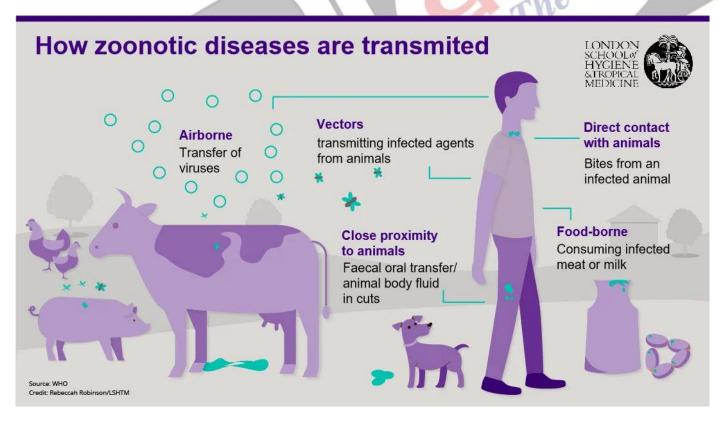
A recent study shows that over **9% of the Earth's land** faces **high or very high risk of zoonotic diseases.** It introduced an **"epidemic risk index"** that combines **zoonotic risk with countries' preparedness**, helping policymakers identify **vulnerable areas**, **improve response**, **allocate resources**, and **enhance global health cooperation**.

### What are Zoonotic Diseases?

- About: Zoonotic diseases (zoonoses) are infectious diseases transmitted between animals and humans.
  - They can be caused by <u>bacteria</u>, <u>viruses</u>, <u>parasites</u>, <u>and fungi</u>, ranging from <u>mild to life-threatening</u>.
    - Climate change (rising temperatures, shifting precipitation) and land-use changes (deforestation, urban expansion) increased human-animal interactions, escalating the risk of zoonotic spillovers.
  - Eg: Rabies, anthrax, influenza (H1N1 and H5N1),
     Nipah, Covid-19, brucellosis, tuberculosis, Ebola and SARS
- Disease Burden: Zoonotic diseases constitute 60% of known infectious diseases and up to 75% of emerging infectious diseases (EIDs), causing over 2.5 billion cases and 2.7 million deaths globally each year.
  - Globally, 9.3% of land is at high (6.3%) or very high (3%) risk of zoonotic outbreaks, with 3% of the population in extremely high-risk zones and 20% in medium-risk areas
  - Latin America (27%), Oceania (18.6%), Asia (7%), and Africa (5%) have significant regional vulnerabilities.



 Modes of Transmission: Direct contact (avian influenza), food-borne (salmonella), vector-borne (West Nile virus), and water-borne (Cryptosporidiosis) routes.



- India's Vulnerability to Zoonotic Diseases: During 2018–2023, 8.3% (583 of 6,948) of India's diseases were zoonotic, with peaks during June-August due to monsoon-driven changes in vector ecology and livestock-human interactions.
  - The Northeast India of the country contributed 35.8% of zoonotic disease

## What are the Key Initiatives to Control Zoonotic Diseases?

- Global Initiative:
  - Zoonotic Disease Integrated Action (ZODIAC): It was launched by the <u>International Atomic Energy Agency (IAEA)</u> in 2020 to support countries in preventing and managing zoonotic disease outbreaks by strengthening early detection and rapid response using integrated methods.
  - World Zoonoses Day: World Zoonoses Day, celebrated on 6th July in honour of Louis
     Pasteur, who administered the first successful rabies vaccine, a zoonotic disease,
     on 6th July 1885.
  - G20 Pandemic Fund: G20 Pandemic Fund is a global financing initiative by G20 nations to strengthen preparedness and response to pandemics and zoonotic diseases.
- India's Initiatives:
  - National Animal Disease Control Programme (NADCP) for mass vaccination to eliminate Foot & Mouth Disease (FMD) and Brucellosis.
    - India aims for 100% FMD vaccination in livestock (buffalo, goat, sheep, pig) and Brucellosis vaccination in bovine female calves (4-8 months).
      - The overall aim of the National Animal Disease Control Programme for FMD and Brucellosis (NADCP) is to control FMD by 2025 with vaccination and its eventual eradication by 2030.
  - Animal Birth Control (Dogs) Rules, 2023 emphasizes anti-rabies vaccination and neutering of stray dogs for population control.

  - The National One Health Programme for Prevention and Control of Zoonoses (NOHP-PCZ) was launched in 2013 as a Central Sector Scheme and has been part of the NCDC's umbrella scheme since 2017-18.
  - It aims to tackle zoonotic diseases through One Health mechanisms, inter-sectoral coordination, and integrated surveillance to safeguard health and reduce socio-economic impacts.

### **One Health Approach**

One Health approach is a collaborative, multisectoral, and transdisciplinary strategy recognizing the interconnection between human, animal, and environmental health.

- It aims to sustainably balance and optimize the well-being of all three, acknowledging their close interdependence.
- WHO, FAO and World Organisation for Animal Health (OIE) collaborate through the Global Early Warning System (GLEWS) to enhance early warning, data sharing, and coordinated response for zoonotic diseases.

#### **UPSC Civil Services Examination, Previous Year Question (PYQ)**

### Prelims

Q. H1N1 virus is sometimes mentioned in the news with reference to which one of the following diseases? (2015)

- (a) AIDS
- (b) Bird flu
- (c) Dengue
- (d) Swine flu

Ans: (d)

## **Mains**

**Q.** Appropriate local community-level healthcare intervention is a prerequisite to achieve 'Health for All' in India. Explain. (2018)

