



# ASMITA 2025

## Why in News?

The Union Sports Minister launched the **2025 season of the ASMITA League** in Modinagar, Uttar Pradesh. The season started with a two-day weightlifting event.

- [Tokyo Olympics](#) silver medallist **Mirabai Chanu** was among the host of dignitaries who were present at the inauguration of the ASMITA weightlifting league.

## Key Points

- **ASMITA:**
  - **About:**
    - **ASMITA (Achieving Sports Milestone by Inspiring Women)** is part of [Khelo India's mission](#) to promote gender-neutral sports culture.
    - The [Sports Authority of India \(SAI\)](#) supports National Sports Federations in conducting these leagues across multiple age groups at the zonal and national levels.
    - Launched in 2021, ASMITA aims to **boost women's participation in sports** and act as a nationwide talent identification platform.
    - The mission is to create opportunities at every level, spot talent, and nurture it.
  - **ASMITA in FY 2025-26:**
    - In the financial year 2025-26, a **total of 852 ASMITA leagues** are scheduled to be conducted across 15 different sports disciplines.
    - These leagues, spread across states and Union Territories, will involve over 70,000 female athletes.
      - In comparison, the previous season saw 550 leagues across 27 disciplines, with 53,101 female participants.
- **School Sports and National Calendar Integration:**
  - Under the [National Sports Policy 2025](#), integrated with the [National Education Policy \(NEP\)](#), the government is promoting school-level sports.
    - These efforts will be reflected in the Khelo India national sports calendar, ensuring continuous opportunities for youth.

## Khelo India Initiative

- **About:**
  - It is a national-level multi-disciplinary sports competition for school and college students in India.
  - The **Prime Minister** launched the first edition of the Khelo India School Games at the Indira Gandhi Arena in New Delhi in the year 2018.
  - In the year 2019, **its name was changed to Khelo India Youth Games**.
  - It aims to promote sports culture and recognise sporting talent at the grassroots level.
- **Khelo India Youth Games 2025:**
  - It was organised in five districts of **Bihar (Patna, Rajgir, Begusarai, Gaya and Bhagalpur)**.

- The three major events – **gymnastics, shooting and cycling** – were held in **New Delhi**.
- **Gajasimha** was the mascot of the 2025 year's game.
- The 12-day event took place across 27 sports, with a total of **285 gold medals** awarded.

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