



World Homeopathy Day

Why in News?

Recently, Deputy chief minister of Uttar Pradesh Brajesh Pathak inaugurated the [World Homeopathy Day \(10th April\)](#) celebrations at the **Homeo Shakti 2024 event** in **Gomtinagar**.

Key Points

- The occasion commemorated the 269th birth anniversary of **Samuel Hahnemann**, who is widely recognized as the father of homeopathy.
- Shyam Das Pabhu, priest from ISKCON temple Lucknow, stressed the importance of **mental health alongside physical well-being**, urging **balance between spiritual and physical care** to combat stress and anxiety.
- The theme for World Homeopathy Day 2024 is "**Homeoparivar: One Health, One Family.**"

Homeopathy

- The word 'Homeopathy' is derived from two Greek words, **Homois meaning similar and pathos meaning suffering**.
- It simply means treating diseases with remedies, prescribed in minute doses, which are capable of producing symptoms similar to the disease when taken by healthy people.
- It is **based on the natural law of healing- "Similia Similibus Curantur"** which means "likes are cured by likes".
- It was given a **scientific basis by Dr. Samuel Hahnemann (1755-1843)** in the **early 19th century**.

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