

## National Ayush Mission Conclave 2025 | Maharashtra | 03 May 2025 | Why in News?

The <u>National Ayush Mission (NAM)</u> Conclave 2025 began at Kaivalyadhama, Lonavala (Maharashtra), showcasing the progress made by various States and Union Territories in the Ayush sector.

## **Key Points**

- NAM Conclave 2025:
  - The event aims to set a roadmap for integrating Ayush into mainstream healthcare.
  - Ayush and Health Ministers from several states, including Rajasthan, Andhra Pradesh, Uttar Pradesh, Chhattisgarh, Himachal Pradesh, Sikkim, and Mizoram, attended the conclave.
  - Objective:
    - Organised by the Ministry of Ayush, the event brought together experts, policymakers, and innovators.
    - Its goal is to make traditional Indian medicine more accessible, affordable, and evidence-based.
  - Key Achievements:
    - Since the 2023 NAM Conclave, efforts have led to the formulation of an action plan for better NAM execution.
    - The establishment of 12,500 Ayushman Arogya Mandirs increased healthcare access from 1.5 crore (2021) to over 11.5 crore beneficiaries (2025).
  - State-Level Successes:
    - Uttar Pradesh: Now has 3,959 operational Ayush hospitals.
    - **Chhattisgarh:** Promotes integrative medicine for holistic healthcare.
    - Rajasthan: Preparing a comprehensive Ayush policy.
    - **Himachal Pradesh:** Uses tech-based integrated Ayush model focusing on women's health.
    - **Mizoram:** Witnessed rapid growth in Ayush popularity post establishment of Wellness Centres.
    - Sikkim: Strengthened rural outreach with NAM support.
  - Key Outcomes and Announcements:
    - 5.6 crore people accessed tertiary care in Ayush institutions.
    - National Accreditation Board for Hospitals and Healthcare Providers
      (NABH) entry-level certification granted to 1,372 Ayush Health & Wellness
      Centres.
    - 189 Integrated Ayush Hospitals have been established.
    - Launch of Standard Treatment Guidelines (STGs):
      - STGs for metabolic disorders—<u>Diabetes</u>, <u>Obesity</u>, <u>Gout</u>, <u>NAFLD</u>, and <u>Dyslipidemia</u>—were released.
      - Developed with inputs from Research Councils and allopathic experts.
      - Guidelines integrate <u>Yoga</u>, dietary protocols, and clinical procedures for wider adoption.

## National Ayush Mission (NAM)

- Launched in 2014 to integrate traditional Indian medicine into mainstream healthcare.
- Focuses on increasing availability and quality of Ayush services through Ayushman Arogya Mandirs.
- NAM 2023 resolutions included expanding Health & Wellness Centres and integrating Ayush with National Health Programs.

## National Accreditation Board for Hospitals & Healthcare Providers (NABH)

- NABH is a constituent board of Quality Council of India, set up to establish and operate accreditation programmes for healthcare organisations.
- Scope of NABH /Objectives:
  - Accreditation of healthcare facilities
  - Quality promotion: initiatives like Safe-I, Nursing Excellence, Laboratory certification programs (but not limited to these)
  - IEC activities: public lecture, advertisement, workshops/ seminars
  - Education and Training for Quality & Patient Safety
  - Recognition: Endorsement of various healthcare quality courses/ workshops

