



Mains Practice Question

Q. What does this quotation convey to you in the present context?

“Do not hate anybody, because that hatred that comes out from you must, in the long run, come back to you. If you love, that love will come back to you, completing the circle.” Swami Vivekananda (Answer in 150 words, UPSC Mains 2023)

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Approach

- Begin by defining the meaning of the quote.
- Discuss boomerang effects of love and hatred in present context.
- Conclude by emphasizing lessons conveyed by the quote.

Introduction

The above quote of Swami Vivekanand throws light on the **boomerang effect of human behavior**. Hatred can lead to retaliation, while acts of **love can trigger a chain of kindness and reciprocity**.

Body

Hatred's Boomerang Effect:

- **Cyberbullying on Social Media:** Perpetrators of online hate speech may become targets of similar behavior, experiencing online harassment as a consequence of their actions.
- **Divisive Political Rhetoric:** Politicians employing divisive language may face public backlash and protests from citizens who oppose their rhetoric.
- **Religious Extremism and Global Response:** Extremist groups promoting hatred based on religion may provoke international intervention and efforts to counter their ideologies.

Love's Boomerang Effect:

- **Chain of Kindness:** Small acts of love and kindness can inspire a ripple effect, encouraging others to perform similar acts of goodwill.
- **Community Support and Cohesion:** Communities fostering love and support among members tend to experience increased safety and cooperation during crises.
- **International Aid and Reciprocity:** Countries providing foreign aid and humanitarian assistance **often receive support in return during their own times of need**, highlighting the reciprocal nature of compassion in international relations.

Conclusion

Swami Vivekananda's words encourage us to be mindful of our emotions and actions. By choosing love over hatred, we not only contribute to a more harmonious and compassionate world but also create a positive cycle that can enhance our own happiness and fulfillment.

