



Havana Syndrome

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Recently, there has been a noticeable surge in interest in the [Havana Syndrome](#), particularly concerning its occurrence among US diplomats.

- Havana Syndrome is a mysterious illness causing a range of neurological problems. It was first reported by the US Embassy staff in **Havana, Cuba** in 2016, when they began experiencing extreme **headaches and hearing piercing sounds at night**.
- Other symptoms including bloody noses, headaches and vision problems were later reported by embassy staff in **China and Europe**.
 - In 2021, Havana Syndrome gained attention in India after a US intelligence officer travelling with CIA director William Burns to New Delhi reported symptoms.
- A 'syndrome' does not mean a unique medical condition but denotes a cluster of **symptoms that commonly occur together**, making it hard to determine their precise origin.

Read more: [Havana Syndrome](#)

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