

World Homeopathy Day

Why in News?

Recently, Deputy chief minister of Uttar Pradesh Brajesh Pathak inaugurated the <u>World Homeopathy Day</u> (10th April) celebrations at the **Homeo Shakti 2024 event** in **Gomtinagar.**

Key Points

- The occasion commemorated the 269th birth anniversary of **Samuel Hahnemann**, who is widely recognized as the father of homeopathy.
- Shyam Das Pabhu, priest from ISKCON temple Lucknow, stressed the importance of mental health alongside physical well-being, urging balance between spiritual and physical care to combat stress and anxiety.
- The theme for World Homeopathy Day 2024 is "Homeoparivar: One Health, One Family."

Homeopathy

- The word 'Homeopathy' is derived from two Greek words, Homois meaning similar and pathos meaning suffering.
- It simply means treating diseases with remedies, prescribed in minute doses, which are capable of producing symptoms similar to the disease when taken by healthy people.
- It is based on the natural law of healing- "Similia Similibus Curantur" which means "likes are cured by likes".
- It was given a scientific basis by Dr. Samuel Hahnemann (1755-1843) in the early 19th century.

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