

Nutrition Smart Village Initiative

Why in News

A programme on "Nutrition Smart Village" will be initiated to strengthen the Poshan Abhiyan.

It will be part of the <u>Azadi Ka Amrit Mahotsav</u>, to commemorate the 75th year of Independence of India.

Key Points

About:

- The initiative is in line with the Prime Minister's call to adopt and transform 75 villages.
- A total of 75 villages will be adopted by All India Coordinated Research Project
 (AICRP) centres and Indian Council of Agricultural Research -Central Institute for
 Women in Agriculture (ICAR-CIWA).

Objective:

- To promote nutritional awareness, education and behavioural change in rural areas involving farm women and school children.
- · Harnessing traditional knowledge through the local recipe to overcome malnutrition.
- Implementing nutrition-sensitive agriculture through homestead agriculture and Nutrigarden.

Poshan Abhiyan:

About:

- Also called National Nutrition Mission, was launched on the occasion of the International Women's Day on 8th March, 2018.
- The Abhiyan targets to reduce <u>Stunting</u>, <u>undernutrition</u>, <u>Anemia</u> (among young children, <u>women</u> and adolescent girls) and reduce low birth weight by 2%, 2%, 3% and 2% <u>per annum</u> respectively.
- It also targets to **bring down stunting among children** in the age group 0-6 years from 38.4% to 25% by 2022.

• Poshan 2.0:

Recently, the Ministry for Women and Child Development inaugurated
 Poshan 2.0 and urged all Aspirational Districts to establish a Poshan Vatika (nutrition garden) during the Nutrition Month (Poshan Mah) (from 1st September, 2021).

Scenario of Malnutrition in India:

- Despite decades of investment to tackle this malaise, **India's child malnutrition rates** are still one of the most alarming in the world.
 - The Global Hunger Index (2021) which is calculated on the basis of total

undernourishment of the population, child stunting, wasting and child mortality — places India at the **101**st **spot among 116 countries.**

- The bane of child and maternal malnutrition is responsible for 15% of India's total disease burden.
- According to the data from the fifth round of National Family Health Survey (NFHS)
 (2019-2021) from the 22 states surveyed so far, only 9 showed a decline in the number of stunted children, 10 in wasted children and six in underweight children.
- Research suggests that USD 1 spent on nutritional interventions in India could generate USD (34.1 to 38.6) in public economic returns three times more than the global average.
- Studies reveal that India loses up to 4% of its Gross Domestic Product (GDP) and up to 8% of its productivity due to child malnutrition.
- Other Related Government Initiatives:
 - Anemia Mukt Bharat Abhiyan
 - Pradhan Mantri Poshan Shakti Nirman (PM POSHAN)
 - The National Food Security Act (NFSA), 2013
 - Pradhan Mantri Matru Vandana Yojana (PMMVY)
 - Integrated Child Development Scheme (ICDS)

Source: PIB

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