



# Inauguration of Five Resolution Program in Mahasamund

## Why In News?

- On February 28, 2023, under the joint aegis of District Administration Mahasamund and UNICEF, Collector Nilesh Kumar Kshirsagar inaugurated the 'Five Resolutions: Tomorrow, Today and Tomorrow' mega-campaign in the District Panchayat Sabha Hall.

## Key points

- Mahasamund District Collector Nilesh Kumar Kshirsagar said that the aim of the Panch Sankalp Maha-Abhiyan is to create awareness among the public about five healthy behaviours. At the same time, an action plan must be prepared to solve the health challenges faced by every class of people, so that people can get better health benefits.
- He told that through five resolutions, five behaviours which include resolution of healthy adolescence, resolution of pre-natal check-up and institutional delivery, resolution of getting rid of anemia, resolution of promoting breastfeeding, resolution of complete nutritional diversity.
- The collector said that behaviour change is not a matter of one day, it needs continuous work, and all behaviours are related to each other, with these resolutions we can reduce IMR and MMR.
- UNICEF Chhattisgarh chief Job Zakaria said that drinking mother's milk within just one hour can reduce the death of children by 22 percent and washing hands can reduce diseases by 40%, these resolutions can bring changes in the district can be brought.
- District Panchayat CEO S. Alok told that about 60 thousand people from different departments have been trained so far for awareness about five resolutions, who will try to bring awareness about these practices in the society.

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