

Covid-19 Endemicity

Why in News

According to the <u>World Health Organization (WHO)</u> India seems to be entering some stage of <u>Covid-19</u> endemicity where there is **low- to moderate-level transmission.**

Key Points

- Endemicity:
 - An endemic disease is a disease that is always present in a certain population or a given geographical region.
 - Some examples of endemics include chicken pox and malaria, where there are a
 predictable number of cases every year in certain parts of the world.
- Endemic vs Epidemic vs Pandemic:
 - Endemic diseases are often confused with epidemics. However, an epidemic refers to an
 outbreak of a disease. An epidemic occurs when a disease is spreading through one or
 more populations. In contrast, the endemic disease is one that is constantly present in a
 group or geographic area.
 - **Pandemics** are worldwide epidemics. A pandemic affects more people and takes more lives than an epidemic.
 - Under certain circumstances, an epidemic can lead to a disease becoming endemic.
- Reason for Covid's Endemicity:
 - Only those pathogens can be eradicated that don't have animals (another species) as a reservoir.
 - Smallpox and polio are human virus examples, rinderpest is a cattle virus.
 - It means if there is a virus/pathogen that is present in some animal reservoir then it can transmit again once the level of immunity wanes in the population against the disease caused by it.
 - In the case of coronavirus disease, it will continue to circulate as it is present in the animal reservoir.
- Implications:
 - On Immunity:
 - If enough people are vaccinated or have been exposed to the infection, then the virus will cause symptomatic infection but not disease.
 - On Future Cases:
 - As long as the new variant does not come with much more transmissibility
 than <u>Delta variant</u>, it is more likely that there will be a steady level of cases,
 with some regions, especially of low prior seroprevalence and low vaccination
 rates, seeing spikes.

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