



## Real is Rational and Rational is Real

***An Error Does Not Become Truth by Reason of Multiplied Propagation, Nor Does Truth Become an Error Because Nobody Sees It.***

***-Mahatma Gandhi***

Rationalism is fundamentally the tendency of human beings to ask questions and look for solutions to the different aspects of reality. It is a phenomenon that stimulates awareness and prompts questioning. In reaction to philosophical movements, rationalism thrived. It places a lot of focus on applying logic to evaluate facts and concepts. Rationality is applied in the majority of domains of life. Although there are many various views on what rationality is? It is widely accepted that it is the capacity to learn from the failures and successes of the past. Rationality is the result of a critical mind. Being rational requires the ability to think critically. It is the capacity to assess a claim, viewpoint, or ideas critically and decide if it is true or false. Rationality requires a logical mind and the capacity for critical thought.

Rationality promotes scientific temperament in the individual. Scientific temperament enables people to raise the question of what exists in the universe. Scientific invention, discovery and exploration are all the outcome of human rationality. Rationalism is the very fundamental essence of humanity. When the light of rationality illuminates the human brain, intellectualism takes birth. The rise of rationalism is the renaissance which happened during the 14<sup>th</sup> to 17<sup>th</sup> century in Europe.

Following the Middle Ages, Europe had a passionate era of cultural, artistic, political, and economic "rebirth" during the Renaissance. The Renaissance, often seen as occurring between the 14th and the 17th centuries, fostered the rediscovery of ancient philosophy, literature, and art. The Renaissance was basically the rise of rationalism. Every intellectual perspective became more visible under the illumination of rationalism.

Article 51 A(h), of the Fundamental Duties (FDs) which was introduced in the Indian constitution in the 42<sup>nd</sup> Constitutional Amendment Act, 1976. It is the responsibility of every Indian citizen to develop scientific temper, humanism and the spirit of inquiry and reform. The spirit of inquiry is basically promoting rationalism in human beings. If we want to know the reality of the universe or cosmos, then our approach should be rational. The truths about who we are, the world we live in, and the cosmos may be discovered if we think logically and rationally. Truth and reason go hand in hand. It is not possible to imagine one exist without the other.

Rationality is continually looking for reality, and reality can only be found in the light of rationality. The Indian legal system is based on the principle of rationality. Judges attempt to make judgements based on evidence rather than preconceived notions, emotions, and sentiments. Rationality serves as the standard by which reality is evaluated. Rationality is continually trying to give truth the upper hand and truth is real. Thus, what is rational is also real, and vice versa.

Rational people may attain their life objectives by having the ability to control their thoughts and conduct. They have the self-control to avoid engaging in unhealthy life habits such as drinking alcohol or disordered eating, and they are able to make rational judgments without letting their emotions affect them. A logical mind constantly thinks calmly, attentively, and objectively. It may be said that everyone with a rational mind has this as their ultimate goal. If you consistently participate in rational thinking, you can base your conclusions on facts and evidence. Using reason, you can recognize bad conceptions and practices.

We may better comprehend ourselves and those of others who surround us by using rational thought. It can also help us succeed since we can comprehend realities regarding true desires instead of becoming sidetracked or behaving unreasonably. Although full objectivity will never exist, logical thought is still possible. As far as objectivity is concerned, rationality encourages individuals to make informed decisions. Setting feasible micro and macro goals is the fundamental indicator of being rational, and one should be proud of one's capacity for logical thought. If you want to succeed, you must be rational.

Rational people refrain from making mistakes they'll later regret. They frequently make sound decisions because they thoroughly consider all of their possibilities. Rational individuals have unique and clear views on the purpose and vision of life. Arguments need to possess the quality of truthfulness. A belief possesses the quality of truth when it accords with reality. Similar to this, it is asserted that a belief is false when it is inconsistent with reality.

Knowing the truth is necessary in order to tell it. To determine what is right and what is not, one must exercise rationality. However, reason and the application of reason also lead to truth. While we may experience some of the truths that exist both inside and outside of us, these truths are not reliant on our understanding or our capacity to perceive them.

The truth exists without our intervention. We can comprehend things because we can think about them rationally. The seeker of truth cannot ignore the search for reason because finding based on emotions and our feelings generally ignores reality and truth. The ideal circumstance is one in which you are free to choose solely what is best for you, without taking into account the repercussions or any other factors. When we are logical, we may draw conclusions that are in our own best interests. When we act impulsively, our judgments typically reflect our emotions instead of reality or reason. We can end up making poor decisions about our finances or even our interpersonal relationships as a result of this. As a result of their illogical behavior, this can cause them to make one poor decision, which might cause them to experience financial insecurity.

Financial matters need more accurate decisions. Accuracy in decision making depends on basic information and conceptual clarity. Conceptual clarity and basic information bring the ability to think and make decisions rationally. Poor financial choices frequently lock people in a cycle of poverty where they are unable to advance because they continue to spend more than they bring in. People who get into this debt trap frequently end themselves in even more debt because they use credit cards and other types of credit to pay off debts from earlier purchases while acting irrationally, which causes them to slip into the debt trap.

The rational is real, and the real is rational. Both reality and rationality are true. It very clearly signifies how reason and reality both complement one another. Considering that there are two viewpoints on truth, real and rational. Both viewpoints come to the same conclusion: both reality and reason are true. It is essential to understand how these factors interact. Creating arguments, drawing conclusions, and identifying causes and consequences are all aspects of rational justification, which is the main focus of rationality. In other words, thinking and emotion are both involved in reasoning.

***Three Things cannot be Long Hidden:  
The Sun, The Moon, and The Truth. - Buddha***