

## **Institutional Check-up and Care During Pregnancy**

## Why in News?

According to the recently released National Family Health Survey-4 (2015) and National Family Health Survey-5 (2020-21) comparative data, the number of expectant mothers who have been examined and taken care of in health institutions during pregnancy in Madhya Pradesh is Significant growth has been registered in 5 years.

## **Key Points**

- The National Family Health Survey-5 report states that 75 percent of pregnant women are women who were examined and taken care of at a health institution in the first trimester of pregnancy. In the National Family Health Survey-4 of 2015, the number of such women was 53 percent.
- The Survey-5 report also states that more than half (58 percent) of expectant mothers had access to check-up and care in health institutions 4 or more times before delivery. The number of urban women doing so was higher than that of rural women.
- In Madhya Pradesh, 91 percent of the deliveries took place with health facilities. The increase in births with health facilities has increased from 81 percent to 91 percent in Health Survey-5 as compared to National Family Health Survey-4.
- It is worth mentioning that in May 2022, the report of the National Family Health Survey-5 was released.
- The National Family Health Survey (NFHS) is a multi-level survey conducted on a large scale, which is carried out as a representative sample of households across India.

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