

## Agreement signed between Kurukshetra University & Rekhi Foundation

## Why in News?

On December 12, 2023, Kurukshetra University (KU) signed a Memorandum of Understanding (MoU) with Rekhi Foundation under the chairmanship of the university's Vice-Chancellor, Professor Somnath Sachdeva.

## **Key Points:**

- The successful establishment and functioning of the 'Centre of Excellence in Happiness' in Kurukshetra University will pave the way for setting up this centre in various educational institutions of the state also.
- Vice Chancellor Prof. Somnath said that setting up a Happiness Center in Kurukshetra University will promote excellence in academic fields including research and training to teachers & students.
- The faculty members of Rekhi Foundation will provide their services in online and offline teaching to the faculty of universities, colleges & institutes to teach value added courses.
- Apart from this, a web page related to Rekhi Center of Excellence for the Science of Happiness course will be created and Mind Lab will also be set up in the Department of Psychology, Kurukshetra University.
- It may be noted that Rekhi Foundation for Happiness is a non-profit trust started in the year 2016 by Dr. Satinder Singh Rekhi and his wife Harpreet Rekhi. The foundation aims to expand the practice and knowledge of 'Happiness science & Positive psychology' through the establishment of happiness centres in various universities.



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