

# Naegleria fowleri: The Brain-Eating Amoeba

# Why in News?

Recently, a person in Kerala's Alappuzha district died due to a rare infection caused by <u>Naegleria fowleri</u> after a week of high fever and rapid deterioration in his vitals.

## What is Naegleria fowleri?

#### About:

- Naegleria fowleri, commonly known as the "brain-eating amoeba," is a single-cell organism found in warm freshwater environments such as lakes, hot springs, and poorly maintained swimming pools.
- It is a microscopic organism that can only be seen with a microscope.
- The amoeba enters the body through the nose and can cause a severe brain infection known as primary amebic meningoencephalitis (PAM).



#### Spread in the Human Body:

- The amoeba is typically acquired through the nasal passage and mouth when a person swims, dives, or uses contaminated water for religious rituals.
- It then migrates through the **olfactory nerve to the brain,** leading to severe **inflammation and destruction of brain tissue.**
- Naegleria fowleri infection does not spread from person to person.

### At-risk Individuals:

- While the human body is generally vulnerable to Naegleria fowleri, infections are extremely rare.
- Certain factors can increase vulnerability, such as a weakened immune system, a
  history of nasal or sinus issues, or activities involving exposure to warm freshwater.

#### Symptoms and Prognosis:

Symptoms usually appear within a week of infection and include severe headache, fever,

nausea, vomiting, stiff neck, confusion, seizures, and hallucinations.

• The infection progresses rapidly and can lead to coma and death. The chances of survival are unfortunately low.

### Treatment:

- Treatment includes a combination of drugs.
- The drug **Miltefosine** has shown efficacy in killing Naegleria fowleri in laboratory settings and has been used successfully in the treatment of some survivors.
- Even with treatment, the chances of surviving Naegleria fowleri infection remain low with a recorded death rate of 97 per cent.

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