

World Haemophilia Day

For Prelims: World Haemophilia Day, World Federation of Haemophilia.

For Mains: Haemophilia and its treatment, Health.

Why in News?

<u>World Haemophilia day</u> is celebrated on **17th April every year**, aiming to increase awareness about haemophilia and other inherited bleeding disorders.

- The day is **celebrated in the honour of Frank Schnabel**, founder of the World Federation of Haemophilia (WHF).
- **This year's (2022) theme** is "Access for All: Partnership. Policy. Progress. Engaging your government, integrating inherited bleeding disorders into national policy".

What is Haemophilia?

About:

- Haemophilia is a medical condition, mostly inherited, in which the ability of blood to clot is severely reduced, so that even a minor injury can cause severe bleeding.
 - Haemophilia is caused by a mutation or change, in one of the genes, that provides instructions for making the clotting factor proteins needed to form a blood clot.
 - This change or mutation can prevent the clotting protein from working properly or to be missing altogether. These genes are **located on the X chromosome.**
- Because of the genetics involved in the way the sex of a child is determined, men are more vulnerable to haemophilia than women.
- It is guite a rare disease, about 1 in 10,000 people are born with it.

Types:

- The most common type of Haemophilia is called Haemophilia A. This means the person does not have enough clotting factor VIII (factor eight).
- **Haemophilia B is less common**. A person with Haemophilia B does not have enough factor IX (factor nine).
 - Haemophilia A, occurs in about 1 in 5,000 births, while Haemophilia B is even rarer at about 1 in about 20,000 births.

Symptoms:

- Big bruises.
- Bleeding into muscles and joints.
- Spontaneous bleeding (sudden bleeding inside the body for no clear reason).
- Prolonged bleeding after getting a cut, removing a tooth, or having surgery.

Treatment:

- The main treatment for Haemophilia is Replacement Therapy.
- Concentrates of clotting factor VIII (for Haemophilia A) or clotting factor IX (for Haemophilia B) are slowly dripped or injected into a vein. These infusions help replace the clotting factor that is missing or low.

What is the Indian Scenario of Haemophilia?

- According to the World Federation of Haemophilia's Annual Global Survey 2017, there were over 1.96 lakh persons living with haemophilia across the world in 2017.
- In the country-wise data, India emerges with the highest count at nearly 19,000.
- It is estimated that 80% cases go unregistered, so that the actual count is close to 2 lakh.

" REGISTERED CASES

India	18,966
US	17,750
China	14,390
Brazil	12,432
France	7,524
World	1,96,706

What is the World Federation of Haemophilia (WFH)?

- It is an international not-for-profit organization that was established in 1963.
- It is a global network of patient organizations in 140 countries and has official recognition from the World Health Organization.
- Its mission is to improve and sustain care for people with inherited bleeding disorders around the world.

Source: IE

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