



## Pressure & Preparation

Akshay Pande is preparing to take the State Level Forest Services examination. He had a background in physics and chemistry in graduation but now for this examination, he must be proficient in ecology.

He is trying hard to understand the legal framework which governs management of biosphere reserves and national parks and other contemporary issues.

The examination is just three months away and unfortunately, his mother has developed some health problems for which the consulting physician has advised CAT Scan to be sure about whether there is a cancerous growth causing the present problem.

In the family, she is the only lady managing household affairs.

So, Akshay is not able to concentrate on his studies, he's just thinking whether his mother has got cancer and if so, what will be the consequences as the disease unfolds.

He has started feeling that there is no hope for success in the examination this time.

What is your assessment of Akshay's emotional problem?

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