



Resolution Taken to Celebrate the Year 2023 as Antyodaya Arogya Varsh in Haryana

Why In News?

- Haryana Chief Minister Manohar Lal Khattar on December 31, 2022 has decided to celebrate the **year 2023 as Antyodaya Arogya Varsh**, taking forward the journey of his efforts for Antyodaya Utthan Year 2022.

Key Points

- It is noteworthy that according to Pandit Deen Dayal Upadhyay's Antyodaya philosophy, it was resolved to celebrate the year 2022 as Antyodaya Utthan Varsh to bring the sections who have lagged behind in the society for some reason into the mainstream. Under the Antyodaya Utthan, emphasis has been laid on 5 S- education, health, security, self-respect and self-reliance while ensuring all-round development of the citizens.
- He said that under the Antyodaya Arogya Year, every citizen of the state will get better health facilities and the poor person will not have to face any kind of difficulty for treatment. With this vision, the state government has launched the Healthy Haryana Scheme, under which the health of Antyodaya families of the state will be checked in the first phase.
- The Chief Minister said that the year 2023 is going to be very thoughtful in another case as it has also been decided to celebrate the year 2023 as The International Year of Coarse Grains with the support of Prime Minister Narendra Modi. The Haryana government will also make every effort to promote the use of coarse grains in the state following this call of the Prime Minister.
- He said that on the one hand, while the use of coarse grains will be encouraged, its cultivation will also be encouraged and the income of farmers will also increase. Coarse grains are known for their ability to nourish the body and cure diseases. They contain large amounts of fiber, minerals and protein. Therefore, coarse grains must be included in the food and thus this 'diet itself' will also work as a medicine.

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