



Uttarakhand Becomes First State in the Country to Register Nikshay Mitra

Why In News?

- On November 3, 2022, **Uttarakhand Health Minister Dr. Dhan Singh Rawat** informed that **Uttarakhand has secured the first position in the country by registering the highest number of Nikshay Mitras** in the **Prime Minister's TB Free India Campaign**.

Key Point

- Uttarakhand has become the state with the highest number of Nikshay Mitra registrations across the country based on the average number of TB patients. Any person including elected representatives, political parties, NGOs, corporate institutions can register as Nikshay Mitra.
- As Nikshay Mitra, **each person will support the treatment of one or more TB patients by adopting them for at least one year and Nikshay Mitra** will provide food baskets suggested by the Central Government to the patient every month, estimated to cost one thousand rupees.
- Health Minister Dr. Dhan Singh Rawat said that in three districts of the state - **Tehri Garhwal, Chamoli and Champawat**, 100 percent Nikshay Mitras have been linked for patient care and treatment, while in five districts Almora, Bageshwar, Rudraprayag, Udham Singh Nagar and Uttarkashi, more than 95 percent Nikshay Mitras have been linked.
- It is noteworthy that under the Pradhan Mantri TB Mukta Bharat Abhiyan, 5852 Nikshay Mitras have been made in the state so far. Of these, 91 per cent of the Nikshay Mitras have been linked to TB patients.

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