

## World No Tobacco Day

## Why in News

Every year, on **31<sup>st</sup> May,** the <u>World Health Organization (WHO)</u> and global partners celebrate World No Tobacco Day (WNTD).

## **Key Points**

- Focus of WNTD 2021:
  - The theme for the World No Tobacco Day 2021 is "Commit to Quit".
  - The WHO has honoured Indian Union health minister Harsh Vardhan with Director-General Special award for his efforts to control tobacco consumption in India.
    - His leadership was instrumental in the 2019 national legislation to ban E-cigarettes & heated tobacco products.
- Socio Economic Burden of 'Tobacco':
  - In India, **over 1.3 million deaths** are attributable to tobacco use every year amounting to 3500 deaths per day, imposing a lot of avoidable socio-economic burden.
  - In addition to the death and diseases it causes, tobacco also impacts the economic development of the country.
    - Smokers face a 40-50% higher risk of developing severe disease deaths from <u>Covid-19</u>.
  - As per the WHO study (Published in August 2020) titled "Economic Costs of Diseases and Deaths Attributable to Tobacco Use in India".
    - It has been estimated that the economic burden of diseases and deaths attributable to use of tobacco in India was as high as Rs. 1.77 lakh crores, amounting to approx 1% of GDP.
- Measures towards tobacco control in India:
  - India adopted the tobacco control provisions under WHO Framework Convention on Tobacco Control (WHO FCTC).
  - Cigarettes and Other Tobacco Products Act (COTPA), 2003:
    - It **replaced the Cigarettes Act of 1975** (largely limited to statutory warnings-'Cigarette Smoking is Injurious to Health' to be displayed on cigarette packs and advertisements. It **did not include non-cigarettes**).
    - The **2003 Act also included** cigars, bidis, cheroots, pipe tobacco, hookah, chewing tobacco, pan masala, and gutka.
  - Promulgation of the Prohibition of Electronic Cigarettes Ordinance, 2019: Which prohibits Production, Manufacture, Import, Export, Transport, Sale, Distribution, Storage and Advertisement of e-Cigarettes.
  - **National Tobacco Quitline Services (NTQLS):** Tobacco Quitline Services have the potential to reach a large number of tobacco users with the sole objective to provide

telephone-based information, advice, support, and referrals for tobacco cessation.

- **mCessation Programme:** It is an initiative using mobile technology for tobacco cessation.
  - India launched mCessation using text messages in 2016 as part of the government's <u>Digital India initiative</u>.
- Decline in Tobacco Consumption:
  - The prevalence of tobacco use has decreased by six percentage points from 34.6% in 2009-10 to 28.6% in 2016-17.
  - Under the National Health Policy 2017, India has set an ambitious target of reducing tobacco use by 30% by 2025.

## **WHO Framework Convention on Tobacco Control**

- Governments adopt and implement the tobacco control provisions of the **WHO Framework Convention on Tobacco Control (WHO FCTC).**
- It is the first international treaty negotiated under the auspices of the WHO.
- It was adopted by the World Health Assembly (apex decision making body of WHO) on 21<sup>st</sup> May 2003 and entered into force on 27<sup>th</sup> February 2005.
- It was developed in response to the globalization of the tobacco epidemic and is an evidence-based treaty that reaffirms the right of all people to the highest standard of health.
- The FCTC's measures to combat tobacco use include:
  - Price and tax measures.
  - Large, graphic warnings on tobacco packages.
  - **100% smoke-free** public spaces.
  - A ban on tobacco marketing.
  - Support for **smokers** who want to quit.
  - Prevention of tobacco industry interference.

Source: PIB

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