



Shakti Diwas for anemia-free Rajasthan

Why in News?

- On June 6, 2022, the Government Secretary, Medical and Health Department of Rajasthan, Dr. Prithvi informed that in order to make Rajasthan anemia-free, the Medical and Health Department along with other departments will organize the first Tuesday of every month as '**Shakti Diwas**'.

Key Points

- Under this campaign, various activities will be organized to reduce the rate of anemia in children, women and adolescent girls .
- 'Shakti Diwas' will be held at Anganwadi Centres, Government Schools, Health and Wellness Centres, Sub-Health Centres, Primary Health Centres, CHCs, Dispensaries, Upazila and District Hospitals.
- Screening of anemia, testing of hemoglobin and treatment of anemia, distribution of iron tablets, awareness of anemia and activities for behaviour change were organized on '**Shakti Diwas**'.
- On 'Shakti Diwas', children from **6 months to 59 months**, out of school children from 5 to 9 years, adolescent girls in the age group of 10 to 19 years, married women of 20 to 24 years, Various activities will be organized for anaemia relief in pregnant women and lactating mothers.
- Similarly, various activities will be organized in government schools for anaemia relief among children of classes 1 to 12 at the end of the holiday.

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