



Distribution of Fortified Rice in Aspirational and High Burden Districts

Why in News

- Recently, in the meeting of the Council of Ministers, an important decision has been taken for distribution of fortified rice in aspirational districts and Highburden districts to tackle the problems like Malnutrition and Anemia.

Key Points

- Fortified rice will be distributed by the state government to the ration card holder families of the state scheme under the public distribution system in 10 aspirational districts and 2 high burden districts in the financial year 2022-23. The state government will bear the cent percent cost of rice fortification.
- The fortified rice will be distributed in 10 aspirational districts of the state - Korba, Rajnandgaon, Mahasamund, Kanker, Narayanpur, Dantewada, Bijapur, Bastar, Kondagaon, Sukma and 2 high burden districts Kabirdham and Raigarh.
- In these districts, fortified rice will be distributed in the state scheme ration cards on the same lines as the National Food Security Act ration cards.
- 'Fortified' rice is rich in iron and vitamins. This rice contains vitamin A, vitamin B1, vitamin B12, folic acid, iron and zinc, a mixture of all the nutrients. Along with supplying essential nutrients in the diet of the people, it is helpful to a great extent in the control of malnutrition.

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