NITI Aayog's Health Index
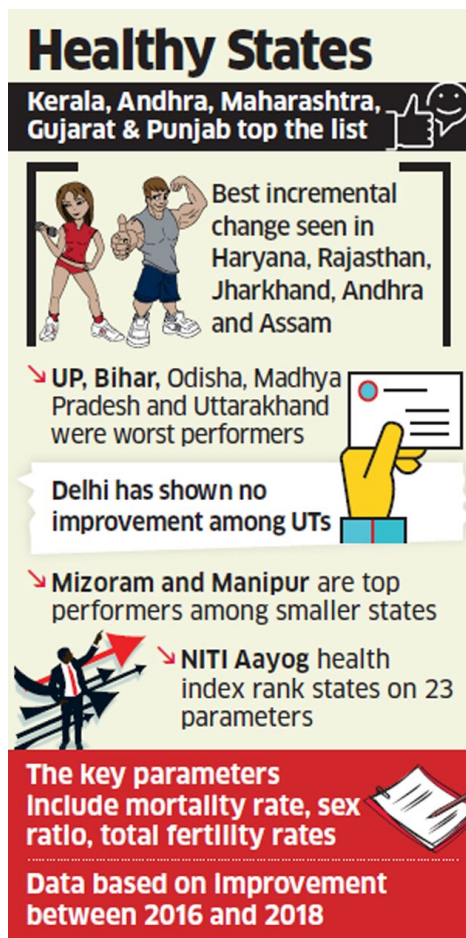
NITI Aayog in its **annual health index** has named **Kerala,** as the top performer among larger states for **overall performance** on health indicators.

Health Index

- The second edition of NITI Aayog's report focuses on measuring the overall **performance** and **incremental improvement** in the states and union territories (UTs) over **two year** period (2016-17 and 2017-18 with **2015-16** as the **base year** and **2017-18** as the **reference year**.
- The health index has been developed by **NITI Aayog,** with technical assistance from the **World Bank**, in consultation with the **Ministry of Health and Family Welfare.**
- Health index is based on 23 health indicators with major weightage given to **mortality rate, total fertility rate,** and **sex ratio.**
- The ranking was done under three categories **larger states, smaller states** and **Union territories** (UTs) to ensure comparison among similar entities.

Healthy States

Kerala, Andhra, Maharashtra, Gujarat & Punjab top the list

Best incremental change seen in Haryana, Rajasthan, Jharkhand, Andhra and Assam

UP, Bihar, Odisha, Madhya Pradesh and Uttarakhand were worst performers

Delhi has shown no improvement among UTs

Mizoram and Manipur are top performers among smaller states

NITI Aayog health index rank states on 23 parameters

The key parameters include mortality rate, sex ratio, total fertility rates

Data based on Improvement between 2016 and 2018

Key Findings //

- In **overall performance, Kerala** followed by Andhra Pradesh and Maharashtra, are top

performers.

- Madhya Pradesh, Odisha, Uttarakhand, Uttar Pradesh and Bihar have shown no improvement in health status.
- In **incremental performance, Haryana,** Rajasthan, and Jharkhand are at the top while Uttar Pradesh, Bihar, Odisha, Madhya Pradesh, and Uttarakhand have been shown as the worst performers.
- The report highlighted a **decline** in the **overall health index score** of the five empowered action group (EAG) states of Bihar, Uttar Pradesh, Uttarakhand, Madhya Pradesh, and Odisha.
- Among the **Union Territories (UTs), Chandigarh** ranked first in overall performance, while Dadra and Nagar Haveli have shown significant improvement.
- Among the **smaller states, Mizoram** ranked first in **overall performance,** while Tripura and Manipur were the top two states in terms of **incremental performance.**

  - Overall health index scores have decreased the most for Sikkim and Arunachal Pradesh.

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