

Anshu Malik: Silver in World Wrestling Championship

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Why in News

On October 7, 2021, **Anshu Malik became the first female wrestler** from the country **to win a silver medal in the final of the 57 kg weight category** of the ongoing **World Wrestling Championships in Oslo, Norway**.

Key Points

- Anshu Malik was defeated by Olympic and World Champion Helen Marolis of America 4-1 in the final.
- In the **tournament held in Norway**, 20-year-old Anshu Malik defeated junior European champion Solomia Vink in the semi-finals on technical prowess.
- Before Anshu Malik, Geeta Phogat (2012), Babita Phogat (2012), Pooja Dhanda (2018) and Vinesh Phogat (2019) have won bronze medals at the World Championships.
- With this, Anshu has become **the third Indian wrestler to reach the World Championships**. Before him, **Sushil Kumar (2010) and Bajrang Punia (2018)** have achieved this feat. Sushil won the gold medal in 2010.
- It is noteworthy that 20-year-old Anshu Malik is a resident of Jind in Haryana.
- On the other hand, India's veteran wrestler Sarita Mor won the bronze medal by defeating Sarah Lindborg of Sweden 8-2 in the bronze medal match in the 59 kg weight category. She is the second female wrestler to win a medal at the 2021 World Championships and the sixth female wrestler to win an overall medal.