



Eat Right Station Certification

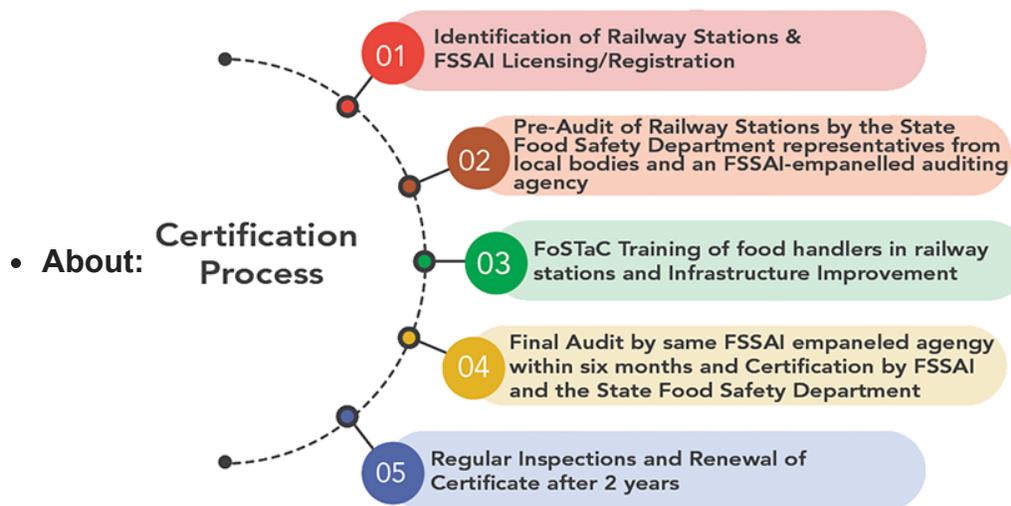
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Why in News

Recently, **Chandigarh Railway Station** has been awarded a **5- star Eat Right Station certification**. It is the **fifth station** in India to get this recognition.

The other four stations are **Anand Vihar Terminal Railway Station** (Delhi), **Chhatrapati Shivaji Terminus** (Mumbai), **Mumbai Central Railway Station** (Mumbai) and **Vadodara Railway Station**. The certification is part of the '**Eat Right India**' movement.

Key Points



- The '**Eat Right Station**' certification is awarded by **Food Safety and Standards Authority of India (FSSAI)** to railway stations that set benchmarks (As per the Food Safety and Standards Act, 2006) in **providing safe and wholesome food to passengers**.

FSSAI is an **autonomous statutory body** established under the **Food Safety and Standards Act, 2006**.

- The station is awarded a **certificate upon a conclusion of an FSSAI-empanelled third-party audit agency** with ratings from **1 to 5**.

- **Eat Right Movement:**
 - An **initiative of FSSAI** to transform the country's food system in order to ensure safe, healthy and sustainable food for all Indians. Its tagline is '**Sahi Bhojan, Behtar Jeevan**'.
 - It is aligned to the **National Health Policy 2017** with its focus on preventive and promotive healthcare and flagship programmes like **Ayushman Bharat**, **POSHAN Abhiyaan**, **Anaemia Mukta Bharat** and **Swachh Bharat Mission**.
 - It adopts a **judicious mix of regulatory, capacity building, collaborative, and empowerment approaches** to ensure food safety.
- **Related Initiatives:**
 - **State Food Safety Index:**

FSSAI has developed it to measure the performance of States on five parameters of food safety - Human Resources and Institutional Data, Compliance, Food Testing - Infrastructure and Surveillance, Training & Capacity Building and Consumer Empowerment.
 - **Eat Right Awards:**

Instituted by FSSAI to recognize the **contribution of food companies and individuals** to empower citizens to choose safe and healthy food options.
 - **Eat Right Mela:**

Organised by FSSAI, it is an outreach activity for citizens to nudge them towards eating right.

Source: PIB