



'Additional Diet' Programme

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Why in News

Recently, **Chhattisgarh Food and Civil Supplies Minister Amarjeet Bhagat** virtually inaugurated an '**Additional Diet**' programme under the **Community-based Nutritional Management Programme from Mohla in Rajnandgaon district**.

Key Points

- The month of September is celebrated as **Poshan Mah** all over the country. The Chhattisgarh government has announced a fight against malnutrition and anemia and launched it as a mass-andolan under the **Mukhyamantri Suposhan Abhiyan**.
- A public awareness campaign for **Poshan Aahar** is being launched across the state and **Poshan Raths** are going to cities and towns of **Bastar region as well as interior areas**.
- Under the campaign, **children and women affected by malnutrition are identified** and medicines and nutritious diet kits are distributed to them.
- **Anganwadi workers, Mitanin and voluntary organizations** are playing an important role in making people aware about nutritious food.