



Sumit Antil: Paralympics Gold

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Why in News

On August 30, 2021, **Sumit Antil** of Sonipat, **Haryana** created history by winning the gold medal in **Javelin Throw at the Tokyo Paralympics**.

Key Points

- In the men's javelin throw, Sumit broke three world records one after the other in the **F64 category**. First, he set a **world record by throwing a javelin from a distance of 66.95 meters**. Then in his second attempt, he improved his own world record with a score of 68.08 meters. In the fifth attempt, he made a world record by throwing a javelin throw from a distance of 68.55 meters and won the gold medal.
- It is worth mentioning that in 2015, Sumit, who lost one leg in a road accident, was guided by coach **Virendra Dhankhar**. In 2018, Sumit got **5th rank in the Asian Championship**. The next year in 2019, he won a **silver medal at the World Championships**. Sumit won the **gold medal in the National Games** held in the same year.