



## National Ayush Mission

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### Why in News

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The government has decided to **continue the National Ayush Mission (NAM)** as a **centrally sponsored scheme** till 2026.

- The project will have a total cost of Rs. 4,603 crore, of which the Centre will bear Rs 3,000 crore share, and the states will cover the rest.
- Recently, **new portals on the Ayush sector** were also launched.

### Meaning of 'Ayush'

- Traditional & Non-Conventional Systems of Health Care and Healing Which Include Ayurveda, Yoga, Naturopathy, Unani, Siddha, Sowa-Rigpa and Homoeopathy etc.
- The positive features of the Indian systems of medicine namely their diversity and flexibility; accessibility; affordability, a broad acceptance by a large section of the general public; comparatively lesser cost and growing economic value, have great potential to make them providers of healthcare that the large sections of our people need.

### Key Points

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- **Launch:**
  - Launched in **September 2014** by the **Department of AYUSH under the Ministry of Health and Family Welfare**, during the **12<sup>th</sup> Plan for implementation** through States/UTs.
  - Now, it is **implemented by the Ministry of Ayush**.

- **About:**
  - The scheme involves **expansion** of the AYUSH sector **to promote holistic health** of Indians.
  - The Mission **addresses the gaps in health services through supporting** the efforts of State/UT Governments **for providing AYUSH health services/education** in the country, particularly in **vulnerable and far-flung areas**.
- **Components of the National AYUSH Mission:**
  - **Obligatory Components:**
    - AYUSH Services.
    - AYUSH Educational Institutions.
    - Quality Control of ASU&H (Ayurveda, Siddha and Unani & Homoeopathy) Drugs.
    - Medicinal Plants.
  - **Flexible Component**
    - AYUSH Wellness Centres comprising Yoga and Naturopathy,
    - Tele-medicine,
    - Innovations in AYUSH including Public Private Partnership,
    - IEC (Information, Education and Communication) activities,
    - Voluntary certification scheme: Project based, etc.
- **Expected Outcomes:**
  - **Better access to AYUSH healthcare** services through increased healthcare facilities and better availability of medicines and trained manpower.
  - Improvement in **AYUSH education** through a well-equipped enhanced number of AYUSH Educational institutions.
  - To focus on **reducing communicable/non-communicable diseases** through targeted public health programmes using AYUSH systems of Healthcare.

## Central Schemes

- The central schemes are divided into **Central Sector Schemes and Centrally Sponsored Schemes (CSS)**.
- **Central sector schemes:**
  - These schemes are **100% funded by the Central government**.
  - Implemented by the Central Government machinery.
  - Formulated on subjects mainly from the Union List.
  - E.g.: Bharatnet, Namami Gange-National Ganga Plan, etc.

- **Centrally Sponsored Schemes:**

- These are the schemes by the centre where there is financial participation by both the centre and states.
- CSS are again divided into **Core of the Core Schemes**, Core Schemes and Optional schemes.

There are 6 core of the core schemes.

- Most of these schemes prescribe **specific financial participation by states**. For example, in the case of **MGNREGA (Mahatma Gandhi National Rural Employment Guarantee Act)**, state governments have to incur 25% material expenditure.

- **The 6 core of the core CSS are:**

- **National Social Assistance Programme**
- **Mahatma Gandhi National Rural Employment Guarantee Program**
- Umbrella Scheme for Development of Scheduled Castes
- Umbrella Programme for Development of Scheduled Tribes
- Umbrella Programme for Development of Minorities
- Umbrella Programme for Development of Other Vulnerable Groups.

**Source: PIB**