



MANODARPAN: Mental Health Initiative

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Why in News

Recently, the Ministry of Human Resources Development (MHRD) has launched the 'Manodarpan' initiative under **Atmanirbhar Bharat Abhiyan**.

It is aimed to provide **psychosocial support to students, family members and teachers** for their mental health and well-being during the times of **Covid-19**

Key Points

- **Description:** The platform includes a **national toll free helpline** for students of schools, universities and colleges, which will be manned by a pool of experienced counsellors, psychologists and mental health professionals.
 - It also has a **website**, a national database of counsellors which will **host an interactive online chat platform**, advisories and tips through webinars and other resources.
- **Significance:** It would act as an element of strengthening **human capital and increasing productivity** for the education sector in the wake of covid-19.
 - Covid 19 **lockdown** had led to forced close down of schools and colleges.
 - Therefore, it would help children as well as their parents in facing tense situations and its effects on academics.

Source: PIB