



Kan Sikul, Kan Huan

 drishtiias.com/printpdf/kan-sikul-kan-huan

Mizoram's **Lawngtlai** district administration's project Kan Sikul, Kan Huan (**My School, My Farm**) has been made the model for all schools and colleges in Mizoram.

- Kan Sikul, Kan Huan aims to curb the problem of shortage of fruits and vegetables in the region by setting up the **kitchen/ nutrition gardens** in every school.
- The project seeks to make Lawngtlai **self-sufficient** in the local variety of **fruits** and **vegetables** and fight **malnutrition** among children (by March 2020) by letting every **school, Anganwadi, child care institutions** and **hostel** in Lawngtlai to grow their own fruits and vegetables with the help of teachers, parents and community members.
- Project is in consonance with the objectives of central governments **Poshan abhiyan**.
- Lawngtlai, is Mizoram's most **backward** and **disaster-prone** district with 35.3% **stunted**, 21.3% **underweight** and 5.9% **severely wasted** (low weight-for-height) **children** under 5 (highest on all counts in Mizoram).
- Kitchen /nutrition gardens have yielded in improving the **nutritional content** of the **midday meal** served in the schools.

Source: TH