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## National Institute of Health & Family Welfare

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### Why in News

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- Recently, the **43<sup>rd</sup> Annual Day** of the **National Institute of Health & Family Welfare (NIHFW)** was organised.
- On the occasion, the Union Health Minister emphasized that **synergy and cooperation between institutions** needed to counter India's Public Health challenges.

### Key Points

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- The National Institute of Health & Family Welfare (NIHFW) is situated in Delhi and was **established in 1977**.
- NIHFW is the premier organisation under Ministry Of Health and Family Welfare for capacity building through training of health professionals, frontline health workers such as **Accredited Social Health Activists (ASHAs)** and **Auxiliary Nurse Midwife (ANMs)** and other central and state officers & healthcare staff.

#### Accredited Social Health Activist

- An Accredited Social Health Activist (ASHA) is a **community health worker** instituted by the Ministry of Health and Family Welfare (MoHFW) as a **part of the National Rural Health Mission (NRHM)**. The mission began in 2005.
- ASHAs must primarily be female residents of the village that they have been selected to serve, who are likely to remain in that village for the foreseeable future.

#### Auxiliary Nurse Midwife

- **Auxiliary nurse midwife, commonly known as ANM**, is a village-level female health worker in India who is known as the first contact person between the **community and the health services**.
- ANMs are regarded as the grass-roots workers in the health organisation pyramid.

- Their services are considered **important to provide safe and effective care** to village communities.
- The role may help communities achieve the targets of **national health programmes**.

**Source: PIB**