



National Youth Day 2019

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Why in News

National Youth Day (NYD) is observed on Swami Vivekananda's birth anniversary on **January 12** every year.

Key Points

- To honour Swami Vivekananda's contributions to the country, the government in the year **1984, declared his birthday as National Youth Day.**
- The **main objective** of NYD is to promote rational thinking among the youth. Youth is expected to rise to the values, principles and beliefs that Vivekananda lived by.
- **National Youth Festival (NYF) 2020:** On this occasion, the **Ministry of Youth Affairs and Sports** and Uttar Pradesh government **also** jointly organized **23rd NYF 2020.**
 - The Government has been organizing National Youth Festival (NYF) since **1995.**
 - The **objective** of NYF is to provide an arena where youth can interact and exchange their social and cultural uniqueness. This blend of diverse socio-cultural milieu proves belief in '**Ek Bharat Shrestha Bharat**'.
 - The **theme** of the NYF 2020 is '**FIT YOUTH FIT INDIA**'.

Swami Vivekananda (1863-1902)

- He was born as Narendranath Datta on January 12, **1863.**
- Introduced the world to the Indian philosophies of **Vedanta and Yoga.**
- He was the chief disciple of the 19th-century mystic **Ramakrishna Paramhansa.**
- Laid the greatest **emphasis on education** for the regeneration of our motherland. He advocated a man-making **character-building education.**
- Established the **Ramakrishna Mission** in **1897.** It is an organization which works in the area of **value-based education**, culture, health, women's empowerment, **youth and tribal welfare** and **relief and rehabilitation.**

- He died at **Belur Math** in 1902. Belur Math, located in **West Bengal**, is the headquarters of Ramakrishna Math & Ramakrishna Mission.

Ramakrishna Paramhansa

- He was born as **Gadadhar Chattopadhyay** in 1836 in **West Bengal**.
- He was one of the leading Hindu spiritual leaders in the 19th century.
- He believed that the **realization of the existence of God is the supreme goal** of all living beings.

Source: TH